



BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

School of Health Sciences

Program: Nursing

Option:

Course Outline **Part A**

**NURS 4500**

**Nursing 5**

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<b>Hours/Week:</b> 37.5 (approx.)	<b>Total Hours:</b>	Class - 35 hours Practicum - 600 hours	<b>Term/Level:</b>	5
<b>Lecture:</b>	<b>Total Weeks:</b>	17	<b>Credits:</b>	42
<b>Lab:</b>				
<b>Other:</b>				

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**Prerequisites**

**NURS 4500 is a Prerequisite for:**

**Course No.      Course Name**

Graduation/completion of program

NURS 4100    Nursing 4  
BHSC 1118    Personal Fitness Management  
BHSC 1239    Sociology  
COMM 1379    Writing for Nurses

**Note:**    All courses must be completed successfully prior to entering Nursing 5.

**Corequisite**

CPR - Level C

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**Course Goals**

The student:

1. Uses the nursing process in providing individualized care.
2. Performs selected nursing psychomotor skills with a degree of skill that ensures safety and promotes comfort.
3. Demonstrates caring behaviors when providing nursing care.
4. Interacts effectively in patient care situations.
5. Demonstrates organizational ability in providing nursing care.
6. Teaches individuals and involved family members to develop and/or maintain appropriate responses to attain or maintain optimal health.
7. Demonstrates leadership in selected groups and/or with individuals.
8. Demonstrates responsibility and accountability in nursing practice.
9. Works collaboratively with health care workers.

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The practicum (clinical experience) is provided with adults on medical and surgical units. Working with a preceptor, students are expected to assume the workload of the RN as determined by the agency placement. This workload will be consistent with but not exceed what would normally be expected of a new graduate nurse on the assigned unit.

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### Evaluation

Midterm Examination	50%
Final Examination	50%
Practicum	Pass/Fail
TOTAL	<u>100%</u>

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### Course Outcomes and Sub-Outcomes

See Appendices – page 8

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### Course Record

Developed by: Harold Zimka - Nursing Date: April, 1996  
Instructor Name and Department (signature)

Revised by: Harold Zimka - Nursing Date: April, 1996  
Instructor Name and Department (signature)

Approved by: Kimberly Braxton Start Date: April 1, 1996  
Associate Dean / Program Head (signature)

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BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

School of Health Sciences

Program: Nursing

Option:

Course Outline **Part B**

**NURS 4500**

**Nursing 5**

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### Effective Date

August 1996 and January 1997

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### Instructor(s)

D. Zimka and  
Level 5 Instructors

Office No.: SE12-418 #434      Phone: 432-8687  
Office Hrs.: as posted by individual instructors

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### Text(s) and Equipment

Required:

Level 5 Student Preceptorship Manual — NURS 4500

Modules:

1. Nursing Core
2. Leadership
3. Coordinating Care for Patients
4. Reports and Conference
5. Doctors' Orders
6. Cardiac Arrest in Hospital

Recommended:

Canadian Nurses Association. (1995). *The Canadian RN Exam Prep Guide* (2nd ed.).

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## Course Content

### NURSING CORE

#### Integration

1. Review and integration of curriculum concepts.

### NURSING SKILLS

#### Psychomotor Skills

Principles and practices of selected skills may be taught in the classroom, laboratory and/or clinical setting.

1. Perform functions during cardiac arrest.
2. Practice of previously learned skills.

#### Organizational Skills

1. Methods of organizing care for a group of individuals
  - organizing care for 8 and 12 hours shifts;
  - coordinating care given by other health care workers.

#### Interactive Skills

(Applied clinically)

#### Teaching and Learning Skills

(Applied clinically)

### PROFESSIONAL BEHAVIORS

1. Responsibilities of the nursing student
  - Introduction to the preceptorship
    - student/preceptor/instructor roles
    - policies and practices related to the preceptorship
2. Responsibilities of the graduate nurse

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- Preparation for employment
  - applying for employment
- BCNU membership
- Professional issues
  - maintaining safety to practice (Nursing Standards)
  - participating in organizations and associations

### Working with Health Care Workers

1. Conducting conferences
  - types of conferences
  - methods to ensure effectiveness
2. Communicating with others
  - shift reports
  - doctors' orders

### Leadership

1. Methods of delegating and directing care.

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## LEARNING EXPERIENCES

The first week of the term is spent in the classroom focusing on the integration of all components of the curriculum. An orientation to the preceptorship is included.

During the next 16 weeks, the student is assigned to a preceptor in a hospital and works the same hours as the preceptor. The student gains an understanding of the requirements of practice in a work setting. As the student's nursing skills and self-confidence develop, s/he assumes an increasingly complex patient assignment. Throughout the preceptorship, the preceptor supervises the student directly. The instructor is available for consultation, assistance, advice and support.

CLASSROOM EXPERIENCES	TEACHING/LEARNING APPROACHES	IMPLEMENTATION
Nursing Core	<ul style="list-style-type: none"><li>- module</li><li>- independent study</li><li>- case study</li><li>- group discussion</li></ul>	<ul style="list-style-type: none"><li>- all students with 1 instructor</li><li>- total hours: 4</li></ul>
Nursing Skills		
- Psychomotor	<ul style="list-style-type: none"><li>- module</li><li>- independent study</li><li>- demonstration</li><li>- laboratory practice</li><li>- A/V aids (e.g., videotapes)</li><li>- group discussion</li><li>- quiz</li></ul>	<ul style="list-style-type: none"><li>- groups of 15–20 students with 1 instructor</li><li>- total hours: 6</li></ul>
- Organizational	<ul style="list-style-type: none"><li>- modules</li><li>- independent study</li><li>- case study</li><li>- group discussion</li></ul>	<ul style="list-style-type: none"><li>- all students with 1 instructor</li><li>- total hours: 6</li></ul>
Professional Behaviors	<ul style="list-style-type: none"><li>- modules</li><li>- independent study</li><li>- case studies</li><li>- group discussion</li><li>- role playing</li><li>- guest speakers</li><li>- A/V aids (e.g., films, videotapes, audiotapes)</li></ul>	<ul style="list-style-type: none"><li>- all students with 1 instructor</li><li>- groups of 2–3 and 4–6 students for role playing/discussion/practice with 2 instructors</li><li>- total hours: 19</li></ul>

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## PRACTICUM EXPERIENCE

## TEACHING/LEARNING APPROACHES

## IMPLEMENTATION

Hospital

- medicine — 8 weeks
- surgery — 8 weeks
- all shifts

- 24 students per instructor
- each student is placed with a RN who acts as his/her preceptor. The student follows the same rotation as the RN (i.e., all shifts) for 16 weeks
- total hours: 600 (approximately)

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### APPENDICES

- Theory Subobjectives
- Clinical Evaluation Form with  
Clinical Subobjectives

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## THEORY SUBOBJECTIVES

### Core/Nursing Process

1. Integrates previous learning about needs, stressors, and responses in selected situations.

### Psychomotor Skills

1. Defines terminology.
2. Explains the purpose of the skill.
3. Explains the principles/guidelines underlying the skill.
4. States equipment to be used.
5. Organizes the work environment to facilitate performance of the skill.
6. States what the patient should be taught regarding the skill.
7. Describes observations to make before, during and after the skill.
8. States essential safety factors for patient and self.
9. States measures which ensure patient comfort.
10. Practices/observes a correct method of performing the skill.
11. Describes methods of adapting the skill to selected situations.
12. Demonstrates a correct method of recording and reporting observations related to the skill.

### Caring

No theory subobjectives

### Interactive Skills

No theory subobjectives

### Organizational Skills

1. Designs a plan for organizing nursing care in selected situations.
  - a. Sets priorities to implement the planned care.

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- b. Determines the care and tasks to be delegated.
2. Evaluates the effectiveness of the organizational plan.
3. Modifies the organizational plan to accommodate situational changes.

### Teaching and Learning Skills

No theory subobjectives

### Leadership

1. Applies principles of effective leadership to selected situations.
2. Demonstrates leadership in selected group situations.
3. Applies strategies for planning change to selected situations.

### Responsibility and Accountability

1. Identifies student policies, guidelines, and responsibilities for the preceptorship.
2. Describes the purposes and roles of the BCNU.
3. Applies principles of maintaining safety to practice in selected situations.
4. Discusses effective participation in professional and employment organizations.

### Working as a Health Care Worker

1. Applies principles of effective communication to selected situations involving other health care workers.

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BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY  
NURSING PROGRAM  
PRACTICUM EVALUATION

COURSE AND NUMBER: NURSING 5 NURS 4500

STUDENT NAME: (BLOCK LETTERS) \_\_\_\_\_  
SURNAMES FIRST NAME

HOSPITAL: \_\_\_\_\_

DATES: \_\_\_\_\_

WARD/UNIT	DATES	PLANNED HOURS OF EXPERIENCE	HOURS ABSENT	HOURS PRESENT
TOTALS				

MIDTERM PROGRESS:

\_\_\_\_\_  
DATE\_\_\_\_\_  
STUDENT'S SIGNATURE\_\_\_\_\_  
DATE\_\_\_\_\_  
PRECEPTOR'S SIGNATURE\_\_\_\_\_  
DATE\_\_\_\_\_  
INSTRUCTOR'S SIGNATURE

FINAL EVALUATION:

\_\_\_\_\_  
DATE\_\_\_\_\_  
STUDENT'S SIGNATURE\_\_\_\_\_  
DATE\_\_\_\_\_  
PRECEPTOR'S SIGNATURE\_\_\_\_\_  
DATE\_\_\_\_\_  
INSTRUCTOR'S SIGNATUREINSTRUCTOR NAME: (BLOCK LETTERS) \_\_\_\_\_  
SURNAMES FIRST NAME

INSTRUCTOR'S RECOMMENDATION: \_\_\_\_\_

PROGRAM MARKS COMMITTEE  
RECOMMENDATION: \_\_\_\_\_

SCHOOL MARKS COMMITTEE DECISION: \_\_\_\_\_

WP/CAC/LF10/nm

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APPROVED: MAY 15 1995

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FINAL EVALUATION SUMMARY

STUDENT: \_\_\_\_\_

AREAS OF STRENGTH	AREAS FOR CONTINUED IMPROVEMENT

COMMENTS/SUGGESTIONS:\_\_\_\_\_  
DATE\_\_\_\_\_  
PRECEPTOR'S SIGNATURE\_\_\_\_\_  
DATE\_\_\_\_\_  
STUDENT'S SIGNATUREADDITIONAL COMMENTS (from, i.e., Head Nurse, Clinician,  
Instructor):\_\_\_\_\_  
DATE\_\_\_\_\_  
SIGNATURE

WP/CAC/LF10/mm

CURRICULUM DOCUMENT

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MIDTERM PROGRESS SUMMARY

STUDENT: \_\_\_\_\_

AREAS OF STRENGTH	AREAS FOR CONTINUED IMPROVEMENT

COMMENTS/SUGGESTIONS:\_\_\_\_\_  
DATE\_\_\_\_\_  
PRECEPTOR'S SIGNATURE\_\_\_\_\_  
DATE\_\_\_\_\_  
STUDENT'S SIGNATUREADDITIONAL COMMENTS (from, i.e., Head Nurse, Clinician,  
Instructor):\_\_\_\_\_  
DATE\_\_\_\_\_  
SIGNATURE

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## \* CRITICAL OBJECTIVES AND SUBOBJECTIVES

Inability to meet the overall objectives may constitute a failure. Consideration will be given to the total performance of the student:

Midterm Progress		*I. <u>NURSING PROCESS</u>	FINAL ACHIEVED	
Sat	Needs Improv.	* Uses the nursing process in providing individualized care.	Pass	Fail
		<p>A. <u>ASSESSMENT</u></p> <p>*1. Assesses all assigned patients.</p> <p>*2. Identifies actual and/or potential problems for all assigned patients.</p> <p>B. <u>INTERVENTION</u></p> <p>1. Develops written nursing care plans for Kardex.</p> <ul style="list-style-type: none"> <li>- patient's problems</li> <li>- long and short term goals</li> <li>- nursing measures</li> </ul> <p>2. Involves co-workers in the development of nursing care plans.</p> <p>*3. Implements independent and dependent nursing measures.</p> <p>*4. Makes judgements based on knowledge.</p> <p>*5. Explains the rationale for nursing measures and nursing judgements.</p> <p>C. <u>EVALUATION</u></p> <p>*1. Evaluates the outcome of independent and dependent nursing measures.</p> <p>2. Determines if goals have been met.</p> <p>*3. Modifies nursing measures as necessary.</p> <p>4. Revises written care plans.</p>	Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

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\*II. NURSING PSYCHOMOTOR SKILLS

Midterm Progress	
Sat	Needs Improv.

- \* Performs selected nursing psychomotor skills with a degree of skill that ensures safety and promotes comfort.

FINAL ACHIEVED	
Pass	Fail

- \*1. Explains the purpose of the skill.
- \*2. Uses appropriate sources to review the skill before performing it.
- \*3. Familiarizes self with equipment, policies and procedures in the assigned clinical agency.
- 4. Collects required equipment before performing the skill.
- 5. Organizes the work environment to facilitate performance of the skill.
- 6. Teaches the patient about the skill.
- \*7. Uses measures to ensure patient and own safety.
- \*8. Implements measures which ensure patient comfort.
- \*9. Demonstrates a correct method of performing the skill.
- 10. Adapts the skill to the patient situation.
- \*11. Makes observations before, during and after the skill.

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

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\*III. CARING

Midterm Progress	
Sat	Needs Improv.

\* Demonstrates caring behaviors when providing nursing care.

FINAL ACHIEVED	
Pass	Fail

1. Describes own feelings about providing nursing care to patients and involved family members.
2. Describes factors, other than feelings, that influence own caring behaviors toward patients and involved family members.
3. Discusses how own feelings promote and inhibit caring behaviors toward patients and involved family members.
4. Discusses how patients' and involved family members' behaviors promote and inhibit caring behaviors toward themselves.
5. Discusses own caring and uncaring behaviors toward patients and involved family members.
- \*6. Accepts responsibility for own caring and uncaring behaviors toward patients and involved family members.
- \*7. Modifies own uncaring behaviors toward patients and involved family members.
- \*8. Demonstrates caring behaviors toward patients and involved family members

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

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\*IV. INTERACTIVE SKILLS

Midterm Progress	
Sat	Needs Improv.

- \* Interacts effectively in patient care situations.

FINAL ACHIEVED	
Pass	Fail

1. Describes the goal of the helping relationship.
- \*2. Demonstrates behaviors that promote a helping relationship:
  - \*a) respect
  - \*b) genuineness
- \*3. Initiates, maintains and terminates helping relationships with patients and their involved family member(s) by demonstrating:
  - \*a) attending
  - \*b) listening
  - \*c) empathy
  - \*d) summarization
  - e) information sharing
  - f) self-sharing
  - g) confrontation
  - h) immediacy
4. Identifies factors which interfere with the helping relationship.
- \*5. Modifies factors which interfere with the helping relationship.
- \*6. Demonstrates interviewing techniques for specific situations and/or selected nursing procedures with patients and involved family member(s).

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

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**\*V. ORGANIZATIONAL ABILITY**

Midterm Progress	
Sat	Needs Improv.

\* Demonstrates organizational ability in providing nursing care.

FINAL ACHIEVED	
Pass	Fail

- \*1. Designs a plan for organizing nursing care.
  - \*a) sets priorities to implement planned care.
  - \*b) determines the care and tasks to be delegated.
- \*2. Implements an organizational plan to accomplish nursing care.
  - \*a) delegates care and tasks as required.
  - \*b) completes nursing care within a realistic time period.
  - c) keeps patients' units clean and tidy.
- 3. Evaluates the effectiveness of the organizational plan.
- 4. Modifies the organizational plan quickly and efficiently when situations change.

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

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**\*VI. PATIENT TEACHING**

Midterm Progress	
Sat	Needs Improv.

- \* Teaches individuals and involved family members to develop and/or maintain appropriate responses to attain or maintain optimal health.

FINAL ACHIEVED	
Pass	Fail

- \*1. Identifies learning needs.
- 2. Assesses readiness to learn.
- 3. Makes use of all teaching opportunities.
- \*4. Implements the teaching plan.
  - \*a) adapts teaching methods.
  - \*b) reinforces teaching done by self and others.
- 5. Evaluates learning outcome(s).
- 6. Modifies the teaching as required.

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

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**\*VII. LEADERSHIP**

Midterm Progress	
Sat	Needs Improv.

Demonstrates leadership in selected groups and/or with individuals.
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FINAL ACHIEVED	
Pass	Fail

- | Met | Unmet |
|-----|-------|
|     |       |
- \*1. Demonstrates initiative when planning and implementing patient care.
    - \*a) seeks guidance and direction when appropriate.
    - \*b) discusses patient assignment with appropriate personnel.
    - c) behaves assertively with health care workers, patients and involved family members.
    - d) demonstrates self-confidence.
  - 2. Participates actively in groups.
    - a) listens actively.
    - b) volunteers relevant information.
    - c) facilitates group process.
    - d) makes presentations.
    - e) demonstrates self-confidence.
  - \*3. Demonstrates leadership behaviors.
    - \*a) identifies own behaviors that facilitate leadership.
    - \*b) identifies own behaviors that interfere with leadership.
    - c) modifies own behaviors that interfere with leadership.
  - 4. With assistance, provides leadership to other health care workers.
    - a) delegates tasks as required.
    - b) interprets individual needs for nursing care to others.
    - c) evaluates care given by others.
    - d) takes responsibility for nursing care delegated to others.

COMMENTS: Midterm

COMMENTS: Final

WP/CAC/LF10/mm

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\*VIII. RESPONSIBILITY AND ACCOUNTABILITY

Midterm Progress		* Demonstrates responsibility and accountability in nursing practice.	FINAL ACHIEVED	
Sat	Needs Improv.		Pass	Fail
		<p>*1. Adheres to established policies and practices of BCIT and the clinical agencies.</p> <p>*a) follows established policies and practices of BCIT and clinical agencies related to own nursing practice.</p> <p>*b) meets the requirements for appearance, punctuality and conduct.</p> <p>*2. Demonstrates responsibility and accountability for own learning needs.</p> <p>*a) identifies own learning needs.</p> <p>*b) writes own learning objectives.</p> <p>*c) plans appropriate approaches for meeting learning objectives.</p> <p>*d) seeks appropriate learning experiences.</p> <p>*e) evaluates achievement of learning objectives.</p> <p>*f) revises learning objectives.</p> <p>*3. Seeks appropriate resources when own limitations are exceeded.</p> <p>*a) identifies own limitations.</p> <p>*b) checks with preceptor or R.N. before proceeding with new procedures.</p> <p>*c) uses judgement when seeking assistance.</p> <p>*4. Evaluates own clinical performance in consultation with preceptor.</p>		

COMMENTS: Midterm

COMMENTS: Final

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\*IX. WORKING AS A HEALTH CARE WORKER

Midterm Progress	
Sat	Needs Improv.

- \* Works collaboratively with health care workers.

FINAL ACHIEVED	
Pass	Fail

- \*1. Communicates with health care workers about patients.
- \*a) reports relevant data.
  - \*b) records relevant data.
  - c) contributes to change-of-shift report.
  - d) gives change-of-shift report.
  - e) participates in patient care conferences.
  - f) conducts patient care conferences.
  - g) writes and modifies Kardex care plans.
  - h) discusses patient care with other health professionals.
  - i) makes referrals when appropriate.
- \*2. Facilitates effective working relationships.
- \*a) demonstrates respect for co-workers.
  - b) shares experiences and knowledge with others.
  - \*c) helps others when appropriate.
  - d) listens to and evaluates the opinions of health care workers regarding patient problems.
  - \*e) uses interactive skills to initiate, maintain and terminate relationships with other health care workers.
- \*3. Participates in ward routines and tasks.

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final