

BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

COURSE OUTLINE

COURSE NAME NURSING 5

COURSE NUMBER NURS 4500 DATE AUGUST 1994 AND JAN., 1995

Prepared by D. ZIMKA Taught to 3RD Year

Program NURSING Option _____

School HEALTH SCIENCE STUDIES Program NURSING

Date Prepared MAY, 1994 School HEALTH SCIENCE STUDIES

Term 5 Hrs/Wk 37.5 (approx) Credits 42

No. of Weeks 17 Total Hours Class - 35 hours
Clinical - 600 hours

Chief Instructor D. ZIMKA Office SW8.2-104 Local 8687

Office Hours By appointment.

PREREQUISITES

NURS 4100 Nursing 4
 BHSC 1118 Personal Fitness
 Management
 BHSC 1239 Sociology
 COMM 1376 Writing for Nurses

COREQUISITE CPR - Course C

NOTE: All courses must be completed successfully prior to entering Nursing 5.

COURSE DESCRIPTION

This course is offered in the fifth level of the Nursing Program.

NURS 4500 focuses on the integration of previously presented concepts related to stressors, responses, and nursing measures. Emphasis is placed on organization and leadership skills and the responsibilities of the graduate nurse.

The practicum (clinical experience) is provided with adults on medical and surgical units. Working with a preceptor, students are expected to provide care to 4 - 6 patients or to assume responsibility for care given to patients by a nursing team.

COURSE OBJECTIVES

The student:

1. Uses the nursing process in providing individualized care.
2. Performs selected nursing psychomotor skills with a degree of skill that ensures safety and promotes comfort.
3. Demonstrates caring behaviors when providing nursing care.
4. Interacts effectively in patient care situations.
5. Demonstrates organizational ability in providing nursing care.
6. Teaches individuals and involved family members to develop and/or maintain appropriate responses to attain or maintain optimal health.
7. Demonstrates leadership in selected groups and/or with individuals.
8. Demonstrates responsibility and accountability in nursing practice.
9. Works collaboratively with health care workers.

(See Appendix for theory and clinical subobjectives)

EVALUATION

Midterm Examination	_____	40%
Final Examination	_____	60%
Clinical		<u>Pass/Fail</u>

REQUIRED TEXT(S) AND EQUIPMENT

Level 5 Student Preceptorship Manual - NURS 4500

Modules:

1. Nursing Core.
2. Leadership.
3. Coordinating Care for Patients
4. Reports and Conferences.
5. Doctors' Orders
6. Cardiac Arrest in Hospital.

COURSE CONTENT

NURSING CORE

Integration

1. Review and integration of curriculum concepts.

NURSING SKILLS

Psychomotor Skills

Principles and practices of selected skills may be taught in the classroom, laboratory and/or clinical setting.

1. Perform functions during cardiac arrest.
2. Practice of previously learned skills.

Organizational Skills

1. Methods of organizing care for a group of individuals
 - a) organizing care for 8 and 12 hour shifts;
 - b) coordinating care given by other health care workers.

Interactive Skills

(Applied clinically)

Teaching and Learning Skills

(Applied clinically)

PROFESSIONAL BEHAVIOURSResponsibility and Accountability

1. Responsibilities of the nursing student
 - a) Introduction to the preceptorship
 - i) student/preceptor/instructor roles
 - ii) policies and practices related to the preceptorship
2. Responsibilities of the graduate nurse
 - a) Preparation for employment
 - i) applying for employment
 - b) BCNU membership
 - c) Professional issues
 - i) maintaining safety to practice
(Nursing Standards)
 - ii) participating in organizations and associations

Working with Health Care Workers

1. Conducting conferences
 - a) types of conferences
 - b) methods to ensure effectiveness
2. Communicating with others
 - a) shift reports
 - b) doctors' orders

Leadership

1. Methods of delegating and directing care.

LEARNING EXPERIENCES

The first week of the term is spent in the classroom focusing on the integration of all components of the curriculum. An orientation to the preceptorship is included.

During the next 16 weeks, the student is assigned to a preceptor in a hospital and works the same hours as the preceptor. The student gains an understanding of the requirements of practice in a work setting. As the student's nursing skills and self-confidence develop, s/he assumes an increasingly complex patient assignment. Throughout the preceptorship, the preceptor supervises the student directly. The instructor is available for consultation, assistance, advice and support.

CLASSROOM EXPERIENCES	TEACHING/LEARNING APPROACHES	IMPLEMENTATION
Nursing Core	<ul style="list-style-type: none"> - module - independent study - case study - group discussion 	<ul style="list-style-type: none"> - all students with 1 instructor - total hours: 4
Nursing Skills		
<ul style="list-style-type: none"> - Psychomotor 	<ul style="list-style-type: none"> - module - independent study - demonstration - laboratory practice - A/V aids (e.g. videotapes) - group discussion - quiz 	<ul style="list-style-type: none"> - groups of 15-20 students with 1 instructor - total hours: 6
<ul style="list-style-type: none"> - Organizational 	<ul style="list-style-type: none"> - modules - independent study - case study - group discussion 	<ul style="list-style-type: none"> - all students with 1 instructor - total hours: 6

**CLASSROOM
EXPERIENCES**
**TEACHING/LEARNING
APPROACHES****IMPLEMENTATION**Professional
Behaviours

- modules
- independent study
- case studies
- group discussion
- role playing
- guest speakers
- A/V aids (e.g. films, video-tapes, audio-tapes)

- all students with 1 instructor
- groups of 2-3 and 4-6 students for role playing/discussion/practice with 2 instructors
- total hours: 19

**CLINICAL
EXPERIENCES****TEACHING/LEARNING
APPROACHES****IMPLEMENTATION**

Hospital

- medicine- 8 weeks
- surgery- 8 weeks
- all shifts

- 25 students per instructor
- each student is placed with a R. N. who acts as his/her preceptor. The student follows the same rotation as the R.N. (i.e. all shifts) for 16 weeks
- total hours: 600 (approx.)

APPENDICES

- Theory Subobjectives
- Clinical Evaluation Form
with Clinical Subobjectives

THEORY SUBOBJECTIVES

Core/Nursing Process

1. Integrates previous learning about needs, stressors, and responses in selected situations.

Psychomotor Skills

1. Defines terminology.
2. Explains the purpose of the skill.
3. Explains the principles/guidelines underlying the skill.
4. States equipment to be used.
5. Organizes the work environment to facilitate performance of the skill.
6. States what the patient should be taught regarding the skill.
7. Describes observations to make before, during and after the skill.
8. States essential safety factors for patient and self.
9. States measures which ensure patient comfort.
10. Practises/observes a correct method of performing the skill.
11. Describes methods of adapting the skill to selected situations.
12. Demonstrates a correct method of recording and reporting observations related to the skill.

Caring

No theory subobjectives

Interactive Skills

No theory subobjectives

Organizational Skills

1. Designs a plan for organizing nursing care in selected situations.
 - a) Sets priorities to implement the planned care.
 - b) Determines the care and tasks to be delegated.
2. Evaluates the effectiveness of the organizational plan.
3. Modifies the organizational plan to accommodate situational changes.

Teaching and Learning Skills

No theory subobjectives

Leadership

1. Applies principles of effective leadership to selected situations.
2. Demonstrates leadership in selected group situations.
3. Applies strategies for planning change to selected situations.

Responsibility and Accountability

1. Identifies student policies, guidelines, and responsibilities for the preceptorship.
2. Describes the purposes and roles of the BCNU.
3. Applies principles of maintaining safety to practice in selected situations.
4. Discusses effective participation in professional and employment organizations.

Working as a Health Care Worker

1. Applies principles of effective communication to selected situations involving other health care workers.

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BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY
NURSING PROGRAM
CLINICAL EXPERIENCE EVALUATION

COURSE AND NUMBER: NURSING 5 NURS 4500

STUDENT NAME: (BLOCK LETTERS) _____
SURNAME FIRST NAME

HOSPITAL: _____

DATES: _____

WARD/UNIT	DATES	PLANNED HOURS OF EXPERIENCE	HOURS ABSENT	HOURS PRESENT
TOTALS				

MIDTERM PROGRESS:

DATE_____
STUDENT'S SIGNATURE_____
DATE_____
PRECEPTOR'S SIGNATURE

FINAL EVALUATION:

DATE_____
STUDENT'S SIGNATURE_____
DATE_____
PRECEPTOR'S SIGNATUREINSTRUCTOR NAME: (BLOCK LETTERS) _____
SURNAME FIRST NAME

INSTRUCTOR'S RECOMMENDATION: _____

PROGRAM MARKS COMMITTEE
RECOMMENDATION: _____

SCHOOL MARKS COMMITTEE DECISION: _____

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FINAL EVALUATION SUMMARY

STUDENT: _____

AREAS OF STRENGTH	AREAS FOR CONTINUED IMPROVEMENT

COMMENTS/SUGGESTIONS:_____
DATE_____
PRECEPTOR'S SIGNATURE_____
DATE_____
STUDENT'S SIGNATURECOMMENTS OF HEAD NURSE:_____
DATE_____
HEAD NURSE'S SIGNATURE

WP/CAC/LF10/mm

CURRICULUM DOCUMENT

APPROVED: MAR 31 1992

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MIDTERM PROGRESS SUMMARY

STUDENT: _____

AREAS OF STRENGTH	AREAS FOR CONTINUED IMPROVEMENT

COMMENTS/SUGGESTIONS:_____
DATE_____
PRECEPTOR'S SIGNATURE_____
DATE_____
STUDENT'S SIGNATURECOMMENTS OF HEAD NURSE:_____
DATE_____
HEAD NURSE'S SIGNATURE

WP/CAC/LF10/mm

CURRICULUM DOCUMENT

APPROVED: MAR 31 1992

*** CRITICAL OBJECTIVES AND SUBOBJECTIVES**

Inability to meet the overall objectives may constitute a failure. Consideration will be given to the total performance of the student:

Midterm Progress	
Sat	Needs Improv.

***I. NURSING PROCESS**

* Uses the nursing process in providing individualized care.

A. ASSESSMENT

- *1. Assesses all assigned patients.
- *2. Identifies actual and/or potential problems for all assigned patients.

B. INTERVENTION

- 1. Develops written nursing care plans for Kardex.
 - patient's problems
 - long and short term goals
 - nursing measures
- 2. Involves co-workers in the development of nursing care plans.
- *3. Implements independent and dependent nursing measures.
- *4. Makes judgements based on knowledge.
- *5. Explains the rationale for nursing measures and nursing judgements.

C. EVALUATION

- *1. Evaluates the outcome of independent and dependent nursing measures.
- 2. Determines if goals have been met.
- *3. Modifies nursing measures as necessary.
- 4. Revises written care plans.

FINAL ACHIEVED	
Pass	Fail

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

CURRICULUM DOCUMENT

APPROVED: MAR 31 1992

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*II. NURSING PSYCHOMOTOR SKILLS

Midterm Progress	
Sat	Needs Improv.

* Performs selected nursing psychomotor skills with a degree of skill that ensures safety and promotes comfort.

- *1. Explains the purpose of the skill.
- *2. Uses appropriate sources to review the skill before performing it.
- *3. Familiarizes self with equipment, policies and procedures in the assigned clinical agency.
- 4. Collects required equipment before performing the skill.
- 5. Organizes the work environment to facilitate performance of the skill.
- 6. Teaches the patient about the skill.
- *7. Uses measures to ensure patient and own safety.
- *8. Implements measures which ensure patient comfort.
- *9. Demonstrates a correct method of performing the skill.
- 10. Adapts the skill to the patient situation.
- *11. Makes observations before, during and after the skill.

FINAL ACHIEVED	
Pass	Fail

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

*III. CARING

Midterm Progress	
Sat	Needs Improv.

* Demonstrates caring behaviors when providing nursing care.

FINAL ACHIEVED	
Pass	Fail

1. Describes own feelings about providing nursing care to patients and involved family members.
2. Describes factors, other than feelings, that influence own caring behaviors toward patients and involved family members.
3. Discusses how own feelings promote and inhibit caring behaviors toward patients and involved family members.
4. Discusses how patients' and involved family members' behaviors promote and inhibit caring behaviors toward themselves.
5. Discusses own caring and uncaring behaviors toward patients and involved family members.
- *6. Accepts responsibility for own caring and uncaring behaviors toward patients and involved family members.
- *7. Modifies own uncaring behaviors toward patients and involved family members.
- *8. Demonstrates caring behaviors toward patients and involved family members

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

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*IV. INTERACTIVE SKILLS

Midterm Progress	
Sat	Needs Improv.

* Interacts effectively in patient care situations.

1. Describes the goal of the helping relationship.
- *2. Demonstrates behaviors that promote a helping relationship:
 - *a) respect
 - *b) genuineness
- *3. Initiates, maintains and terminates helping relationships with patients and their involved family member(s) by demonstrating:
 - *a) attending
 - *b) listening
 - *c) empathy
 - *d) summarization
 - e) information sharing
 - f) self-sharing
 - g) confrontation
 - h) immediacy
4. Identifies factors which interfere with the helping relationship.
- *5. Modifies factors which interfere with the helping relationship.
- *6. Demonstrates interviewing techniques for specific situations and/or selected nursing procedures with patients and involved family member(s).

FINAL ACHIEVED	
Pass	Fail

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

*V. ORGANIZATIONAL ABILITY

Midterm Progress	
Sat	Needs Improv.

* Demonstrates organizational ability in providing nursing care.
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FINAL ACHIEVED	
Pass	Fail

- *1. Designs a plan for organizing nursing care.
 - *a) sets priorities to implement planned care.
 - *b) determines the care and tasks to be delegated.
- *2. Implements an organizational plan to accomplish nursing care.
 - *a) delegates care and tasks as required.
 - *b) completes nursing care within a realistic time period.
 - c) keeps patients' units clean and tidy.
- 3. Evaluates the effectiveness of the organizational plan.
- 4. Modifies the organizational plan quickly and efficiently when situations change.

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

*VI. PATIENT TEACHING

Midterm Progress	
Sat	Needs Improv.

* Teaches individuals and involved family members to develop and/or maintain appropriate responses to attain or maintain optimal health.

FINAL ACHIEVED	
Pass	Fail

- *1. Identifies learning needs.
- 2. Assesses readiness to learn.
- 3. Makes use of all teaching opportunities.
- *4. Implements the teaching plan.
 - *a) adapts teaching methods.
 - *b) reinforces teaching done by self and others.
- 5. Evaluates learning outcome(s).
- 6. Modifies the teaching as required.

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

*VII. LEADERSHIP

Midterm Progress	
Sat	Needs Improv.

Demonstrates leadership in selected groups and/or with individuals.

FINAL ACHIEVED	
Pass	Fail

Met	Unmet

- *1. Demonstrates initiative when planning and implementing patient care.
 - *a) seeks guidance and direction when appropriate.
 - *b) discusses patient assignment with appropriate personnel.
 - c) behaves assertively with health care workers, patients and involved family members.
 - d) demonstrates self-confidence.

- 2. Participates actively in groups.
 - a) listens actively.
 - b) volunteers relevant information.
 - c) facilitates group process.
 - d) makes presentations.
 - e) demonstrates self-confidence.

- *3. Demonstrates leadership behaviors.
 - *a) identifies own behaviors that facilitate leadership.
 - *b) identifies own behaviors that interfere with leadership.
 - c) modifies own behaviors that interfere with leadership.

- 4. With assistance, provides leadership to other health care workers.
 - a) delegates tasks as required.
 - b) interprets individual needs for nursing care to others.
 - c) evaluates care given by others.
 - d) takes responsibility for nursing care delegated to others.

COMMENTS: Midterm

COMMENTS: Final

*VIII. RESPONSIBILITY AND ACCOUNTABILITY

Midterm Progress	
Sat	Needs Improv.

* Demonstrates responsibility and accountability in nursing practice.

FINAL ACHIEVED	
Pass	Fail

- *1. Adheres to established policies and practices of BCIT and the clinical agencies.
 - *a) follows established policies and practices of BCIT and clinical agencies related to own nursing practice.
 - *b) meets the requirements for appearance, punctuality and conduct.
- *2. Demonstrates responsibility and accountability for own learning needs.
 - *a) identifies own learning needs.
 - *b) writes own learning objectives.
 - *c) plans appropriate approaches for meeting learning objectives.
 - *d) seeks appropriate learning experiences.
 - *e) evaluates achievement of learning objectives.
 - *f) revises learning objectives.
- *3. Seeks appropriate resources when own limitations are exceeded.
 - *a) identifies own limitations.
 - *b) checks with preceptor or R.N. before proceeding with new procedures.
 - *c) uses judgement when seeking assistance.
- *4. Evaluates own clinical performance in consultation with preceptor and Head Nurse.

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final

*IX. WORKING AS A HEALTH CARE WORKER

Midterm Progress	
Sat	Needs Improv.

* Works collaboratively with health care workers.

FINAL ACHIEVED	
Pass	Fail

- *1. Communicates with health care workers about patients.
 - *a) reports relevant data.
 - *b) records relevant data.
 - c) contributes to change-of-shift report.
 - d) gives change-of-shift report.
 - e) participates in patient care conferences.
 - f) conducts patient care conferences.
 - g) writes and modifies Kardex care plans.
 - h) discusses patient care with other health professionals.
 - i) makes referrals when appropriate.
- *2. Facilitates effective working relationships.
 - *a) demonstrates respect for co-workers.
 - b) shares experiences and knowledge with others.
 - *c) helps others when appropriate.
 - d) listens to and evaluates the opinions of health care workers regarding patient problems.
 - *e) uses interactive skills to initiate, maintain and terminate relationships with other health care workers.
- *3. Participates in ward routines and tasks.

Met	Unmet

COMMENTS: Midterm

COMMENTS: Final