



BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

School of Health Sciences Nursing

Program: Option:

Course Outline Part A

NURS 3010 Nursing & Health Issues 3

Hours/Week:

6 3 **Total Hours: Total Weeks:** 102 17

Term/Level: Credits:

3 7

Group Work:

Independent Work:

3

Other:

Prerequisites

NURS 3010 is a Prerequisite for:

Course No.

Course Name

Course No.

Course Name

Nursing 2010

Nursing & Health Issues 2

NURS 4010

Nursing & Health Issues 4

Nursing Practicum 4 **NURS 4030**

Course Goals

Nursing 3010 fosters students ability to explore health problems or situations from a professional nursing perspective by working collaboratively in small groups.

Course Description

Students will explore selected common health problems or situations in order to understand the impact on the individual, family, society and health care system. While developing their understanding, students will access information from a variety of sources including professionals in hospitals and in the community. A thorough exploration of the health situation will assist students in developing a professional context from which they can plan nursing care. The health situations discussed in this course are related to pregnancy, gastroenteritis in children and schizophrenia.

The teaching/learning strategy used in this course in problem based learning.

Course Format

Students will meet for three hours each week with a tutor to explore the situation and to identify learning needs. Students will do research independently then work to apply the knowledge to the situation when the group reconvenes. The group is required to function effectively so students will focus on both developing group process skills and learning content relevant to the situation. Students will complete 3 situations during the term. A simulated patient may be associated with the health situation.

Evaluation

- Groups skills 30% of the final mark

 Satisfactory ability to function effectively in the problem-based group is required for satisfactory course completion.
- A paper that discusses one of the following concepts: family; social context (social support) or conflict management. Discuss the concept from a psychiatric, obstetrical or pediatric perspective 35% of the mark.
- An oral problem solving examination 35% of the mark.

Course Outcomes and Sub-Outcomes

The student will:

- 1. Develop a theoretical knowledge base related to nursing and specifically nursing's role in relation to selected common health problems.
- 2. Develop an ability to accept a variety of perspectives related to the situation.
- 3. Recognize contextual influences as relevant to the situation.
- 4. Actively work in the group to develop a planned approach towards understanding the situation.
- 5. Apply independent study material to the situation as planned and share information in the group that is clear, focused on the situation and defensible.
- 6. Use facilitation skills in the group so that the group functions productively.
- 7. Develop ability to give feedback to other members of the group in a manner that facilitates the group goal.
- 8. Establish relationships with group members that achieve the tasks of the group.
- 9. Develop ability to monitor group process.
- 10. Reflect on own growth in developing effective facilitation skills.

Course Content

When exploring the health situations presented in this course, students will consider the following concepts:

- Illness
- Growth & Development
- Health Promotion
- Community Resources
- · Determinants of Health
- Ethics
- Legal Issues
- Epidemiology
- Culture

The following concepts will be emphasized in Level 3:

- Economic Context
- Social Context (Social Support)
- Critical Social Theory-Modification of Context
- Conflict Management
- Family

Course Content (cont'd)

Students will work in learning partnerships to explore the following situations in this level:

Pregnancy Induced Hypertension Gastroenteritis in children (This situation will also present the issue of child abuse.) Schizophrenia

In analyzing a situation the students may identify many other relevant content areas. These will be discussed within the context of the situation as time and group interest permits.

Process Threads Relevant to this Course

- Professionalism This course promotes further development of a nursing knowledge base that is required for safe practice. Students are expected to be responsible and accountable to follow through with the work they have agreed to do.
- Communication Working effectively in teams is a focus of this course. Experience is gained in establishing relationships with members, sharing ideas, clarifying thought, giving feedback and monitoring group functioning. Working within the group students will increase their confidence in assessing group function by assessing own and other students' facilitation skills and providing constructive feedback.
- Systematic Inquire Research or evidence that is brought to bear on the health situation may be questioned by the group and the student will be helped to critique the data.
- Learning Students are required to take responsibility for their learning and for preparing material for their fellow classmates that is accurate and relevant.
- Leadership Students will demonstrate assertiveness, problem solving within the group, decision making and evaluation of group process.

The process of working in groups and bringing information to bear on a health situation for the purpose of understanding the situation more clearly promotes the development of a professional nurse. The purpose of understanding the situation may lead to developing a plan for approaching a simulated patient to try out some aspect of the professional role.

Course Record		
Developed by:	Instructor Name and Department (signature)	Date: <u>hay 1997</u>
Revised by:	Love Willigan	Date: (Dec. 1997.
Approved by:	Instructor Name and Department (signature)	Start Date: (200 1997.
ripproved by.	Associate Dean / Program Head (signature)	Start Date. (Z.Z. : 7.7.7.



BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

School of Health Sciences Nursing Program:

Option:

Course Outline Part B

NURS 3010 Nursing & Health Issues 3

Effective Date

January, 1998

Instructor(s)

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	Office No.:	SE12-418	Phone:	
Linda Barratt				8915
Loni Milligan				6951
Cheryl Segaric				6948
Marie Labelle				6947
Joan Uren				8196
	Office Hrs.:	as posted		

Text(s) and Equipment

Required:

- 1. Canadian Nurses Association. (1991). Code of ethics for nurses. Ottawa: Author.
- 2. Registered Nurses Association of British Columbia. (1992). Standards of nursing practice in British Columbia. Vancouver: Author.
- 3. Sims, L. K., D'Amico, D., Stiesmeyer, J. K., & Webster, J. A. (1995). *Health assessment in nursing*. Menlo Park, CA: Addison Wesley.
- 4. Snyder, M. (1992). Independent nursing interventions (2nd ed.). Albany, NY: Delmar.

One of the following nursing/medical dictionaries:

- Anderson, K. N., Anderson, L. E., & Glanze, W.D. (1994). *Mosby's medical nursing and allied health dictionary* (4th ed.). St. Louis: Mosby.
- Miller, B. F., & Keane, C. B. (1992). Encyclopedia and dictionary of medicine, nursing and allied health (5th ed.). Philadelphia: Saunders.

One of the following diagnostic tests handbook:

- Fischback, F. (1996). A manual of laboratory and diagnostic tests. (5th ed.). Philadelphia: Lippincott.
- Malarkey, L. Ml, & McMorroe, M. E. (1996). *Nurse's manual of laboratory tests & diagnostic procedures*. Philadelphia: Saunders.

- 5. A pharmacology handbook.
- 6. One of the following medical-surgical texts:
 - LeMone, P., & Burke, L. M. (1996). *Medical-surgical nursing: Critical thinking in client care*. Menlo Park, CA: Addison Wesley.
 - Smeltzer, S. C., & Bare, B.C. (1996). Brunner & Suddarth's textbook of medical-surgical nursing (8th ed.) Philadelphia: Lippincott.

Recommended:

- 1. American Psychological Association. (1994). *Publication manual of the American Psychological Association*. (4th ed.) Washington, DC: Author. This text is in the reference section of the BCIT Library.
- 2. Specialty books or reading materials.
 - Ball, J., & Bindler, R. (1995). Pediatric nursing caring for children. Norwalk: Appleton and Lange.
 - Fortinask, K.M., & Worrat-Holoday, P.A. (1996). Psychiatric mental health nursing. St. Louis: Mosby.
 - Gorman, L.M., Sultan, D.F. & Raines, M.L. (1996). Davis's manual of psychosocial nursing in general patient care. Philadelphia: F.A. Davis.
 - Ladewig, P.W., London, M.L. & Olds, S. (Latest edition). *Essentials of maternal–newborn nursing*. California: Addison-Wesley.

Course Notes (Policies and Procedures)

- 1. Students are encouraged to identify individual learning needs that may be met in this course. Please talk with the instructor to see how this might be accomplished.
- 2. During the first class, the evaluation methods will be discussed.
- 3. Students will participate in a verbal and/or written review of the course at midterm and the end of the term. This review will include a discussion of teaching methods, resources and course structure. The midterm review is aimed at meeting the needs of the students currently taking the course. The end of term review is aimed at modifying the course for subsequent students.

Participation/Attendance

Dialogue contributes to both thinking and learning. Therefore:

1. Attendance is required in this course. The different viewpoints and experiences shared during the session will expand the thinking of all participants. Students are required to complete independent work to share with the group. This work is required for the group to accomplish its task and move on to other tasks. Therefore, if students are absent for more than 10% of the planned activities without a medical reason, they will not meet the attendance requirement of the course and may be withdrawn from the course. (See BCIT policy re: Attendance.)

Group Skills

- 1. Each student must participate to develop their group skills. Productive group function is a major expectation of this course. In this level there will be a focus on using facilitative skills while working in the group.
- 2. The course outcomes describe the group skills expected in this course. Weekly written and/or verbal discussions of group skills will occur so that individuals can use feedback to improve their skills. The student, their peers in the group, and instructor will assess each student's group skills based on the identified criteria (see Working Evaluation Tool), and give feedback. A midterm summary of skills will be done to direct individual learning. A final assessment of each student's ability to function in the group will be done at the end of the term.
- 3. Following this final assessment, students will be expected to submit a mark for their own and their peers' group skills. The marks given by peers will be averaged to obtain the peer mark. The instructor will also assign a mark to each student's group skills. The marks from the instructor, the student and the peer group will each count for one third of the final group function mark. All students must be judged satisfactory in this area to receive the marks earned for the paper and the oral exam. If students are not judged satisfactory in group function, they will receive an unsatisfactory for the course.

Written assignment

The purpose of the written assignment is to provide opportunity for students to research a concept and to reflect on how that concept relates to a nursing situation.

- 1. The Concept Paper counts for 35% of the course mark.
- 2. The paper must be word processed.
- 3. Length of paper: Minimum 10 pages to a maximum of 12 pages (excluding cover page and references.) Exceeding length will result in mark reduction..
- 4. **Due Date**: March 6, 1998. (Week 9).
- 5. If the paper is **late**, the mark for the paper will be dropped 15% per school day late.
- 6. The paper must be submitted to achieve a mark for the course.
- 7. Students may consult with the instructor well ahead of the assigned due date. This consultation will be during office hours and by appointment only. The student must demonstrate evidence that thought and effort has taken place before consulting with the instructor. Ideas and questions on the paper should be written out and demonstrate that research has been done.
- 8. Select one of the following concepts:
 - Family
 - Social context (social support)
 - Conflict management

9. Marks for the Concept Paper will be assigned according to the following criteria.

25% Literature Review

Using a variety of related resources, i.e., journals, textbooks, videos, Internet, documentaries, interviews, etc., select 8–10 sources to support your viewpoints.

- /10 Concept overview definitions, characteristics of the concept you have chosen.
 - your understanding of these points of view.
 - summarize the concept as a whole.
- /10 Identify the various authors' points of view being presented
- /5 Choice and use of a variety of resources.



Application of the Concept to a Nursing Situation

(Nursing situation means relating to a patient, clinical experience or interdisciplinary situation.) This portion of the paper must demonstrate an understanding of the concept's relevance and significance of nursing practice.

- /10 Briefly describes the situation.
- /30 Applies the concept to the situation.
- Describe how you will incorporate this concept in your clinical nursing practice.

15% Organization and Mechanics of the Paper

- Organization of the paper is according to APA format. (e.g., cover page, introduction, conclusion, and citation of references in text).
- /5 Reference list as directed by APA.

Mechanics of the Paper as Directed by APA

- /1 sentence structure
- /1 paragraphs form, units of thought and links between paragraphs provide smooth transitions.
- /1 grammar
- /1 spelling
- /1 punctuation

Examination Details

ORAL PROBLEM SOLVING EXAMINATION will be held during Weeks 16 and 17.

STEP 1:

• The student will pick up a written patient situation from the instructor *2 hours before* the scheduled time for the oral part of the examination. The student is free to work anywhere on campus preparing for the oral examination. This is intended to be an individual exercise.

STEP 2:

- Return the written situation to the instructor at the time of your oral examination.
- The instructor will ask questions related to the following:
 - physiological/psychosocial aspects of the situation
 - relevant issues to the patient and/or family
 - issues, problems or hypothesis in order of priority
 - example of how cues/data were clustered to support a problem/issue/hypothesis statement
 - interrelationships among problems or issues
 - what assumptions were made in relation to the situation
 - examples of reasonable nursing interventions and the rationale
- The oral part will take about 30 minutes. The instructor will not prompt you. The instructor will move you along so that all questions are covered in the time period. The instructor will not give you any assistance with answering the questions.
- The instructor will be using a marking scheme while you are answering the questions.
- A student who has received a failing grade can have one other opportunity using a different situation.
- All students must satisfactorily complete this exam to achieve credit for the course.