



A POLYTECHNIC INSTITUTION

School of Health Sciences

Program: Bachelor of Technology in Nursing

Option:

NURS 1000
Applied Nursing Science 1**Start Date:** January 2006**End Date:****Total Hours:** 51 **Total Weeks:** 17**Term/Level:** 1 **Course Credits:** 3.5**Hours/Week:** 3 **Lecture:** **Lab:****Shop:** **Seminar:** **Other:****Prerequisites****NURS 1000 is a Prerequisite for:****Course No.** **Course Name****Course No.** **Course Name****Corequisite**

NURS 2000 Applied Nursing Science 2

NURS 2030 Nursing Practicum 2

Course No. **Course Name**

NURS 1030 Nursing Practicum 1

v Course Description

Students will explore selected common health experiences in order to understand the impact it has on the individual, family, society and health care system. While developing their understanding, students will access information from a variety of sources including professionals in hospitals and in the community. A thorough exploration of the health situation will assist students in developing a professional context from which they can plan nursing care. The health experiences discussed in this course are related to sexually-transmitted diseases including HIV infection and cerebrovascular accidents (stroke).

The teaching/learning strategy used in this course is problem-based learning.

v Detailed Course Description

NURS 1000 fosters students' ability to explore health situations from a professional perspective by working collaboratively in small groups.

v Evaluation

Group Skills	15%	Comments: <ul style="list-style-type: none">All assignments must be completed to achieve a passing grade.All students must achieve a 50% average between the problem-solving exam and the final exam in order to achieve credit for the course.Satisfactory ability to function effectively in the problem-based group is required for satisfactory course completion.
Group Problem Solving Situation	15%	
A paper related to a research article	20%	
A written problem-solving exam that tests problem-solving ability and application of course content	25%	
A multiple choice final exam that tests course content	25%	
TOTAL	100%	

v Course Learning Outcomes/Competencies

At the end of this course the student will be able to:

1. develop a theoretical knowledge base related to nursing and specifically nursing's role in relation to selected common health experiences.
2. develop ability to recognize own and others perspective related to the situation and concepts.
3. recognize contextual influences as relevant to the situation.
4. actively work in the group to develop a planned approach towards understanding the situation.
5. apply independent study material to the situation as planned and share information in the group that is clear, focused on the situation and defensible.
6. participate actively in the group so that the group functions productively.
7. develop ability to give feedback to other members of the group in a manner that facilitates the group goal.
8. establish relationships with group members that achieve the tasks of the group.
9. develop ability to monitor group process.
10. reflect on own growth in developing effective group skills.

v Course Content

Students will work in learning partnerships to explore the following situations:

- Sexually Transmitted Diseases (STD) and HIV
- Cerebrovascular Accident

When exploring the above situations, students will consider the following concepts:

- | | |
|--------------------------|------------------------------------|
| • Anxiety/Stress | • Health |
| • Care plan | • Health Promotion |
| • Community Resources | • Determinants of Health |
| • Coping | • Illness & Injury Prevention |
| • Critical Thinking | • Illness |
| • Diversity | • Nutrition |
| • Ethnicity | • Partnership |
| • Group Process | • Physical context |
| • Growth and Development | • Spirituality (Spiritual Context) |
| • Healing/Curing | • Sexuality |

In analyzing a situation the students may identify many other relevant content areas. These will be discussed within the context of the situation as time permits.

v Process Threads Relevant to this Course

- **Professionalism** — Students begin to develop an understanding of the professional nurse's role. They develop an understanding of nursing care that is required for safe practice. They are accountable and responsible to follow through with work they have agreed to do and develop a knowledge base regarding common health problems that is useful in practice. Also, they recognize the various contexts in which people live. They analyze data and develop care plans to resolve patient issues or promote comfort. With assistance, students incorporate

health promotion, illness/injury prevention and rehabilitation into nursing care and begin to consider planning for discharge.

- **Communication** — Students experience working in groups. This includes establishing relationships with members, sharing ideas, clarifying thoughts, giving feedback and monitoring group functioning. Students dialogue with colleagues and teachers in the process of learning. Students develop clear thinking and communicate that thinking with the assistance of group members including the tutor. Students thoughtfully discuss verbally and in writing. They learn to be concise in their arguments and use relevant research literature to support their views. They critically read and compose essays, critical analyses and summaries. They use APA style.
- **Systematic Inquiry** — Students begin to reason critically about assessment data, patient concerns and care. They are expected to investigate alternate approaches to patient care. They begin to appreciate multiple perspectives that can be taken about patient issues. They are encouraged to question research that students bring to discussions about health issues. They are expected to use word processing and access databases and internet sites for information.
- **Professional Growth** — Students take responsibility for their learning and for preparing information for problem-based sessions. They may discuss individual learning styles and take that into consideration when preparing material. Also, they are responsible and accountable for their actions. They access a variety of health professionals in hospitals and community to more fully understand health issues. They begin to reflect on their values, beliefs and assumptions about growth and development, ethnicity, health promotion, health/illness, and nursing concepts. They begin to value discussions of own performance and begin to self-evaluate and act on learning needs.
- **Creative Leadership** — Students describe the continuum of care as it relates to health situations. They are assertive with colleagues as they work with health issues. They develop skills of group problem solving and consensus decision making as well as other group process skills. Students discuss technical skills relevant to the health issues and the rationale for why they are performed.

The process of working in groups and bringing information to bear on a health situation for the purpose of understanding the situation more clearly promotes the development of a professional nurse. The purpose of understanding the situation may lead to developing a plan for approaching a simulated patient to try out some aspect of the professional role in nursing.

v Verification

I verify that the content of this course outline is current.

Pauline Zatkowski
Authoring Instructor

Dec 13/2005
Date

I verify that this course outline has been reviewed.

Jain Verner
Program Head/Chief Instructor

DECEMBER 13, 2005
Date

I verify that this course outline complies with BCIT policy.

Heena
Dean/Associate Dean

Dec 13/05
Date

Note: Should changes be required to the content of this course outline, students will be given reasonable notice.

v Instructor(s)

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Lynn Johnson	604-451-6951	ljohnson32@my.bcit.ca	Doris Henderson	TBA
Brenda Rosenau	604-431-4975		Jain Verner	604-451-6954 jverner1@my.bcit.ca
			Pauline Zabawski – Course Leader	604-451-6957 pzabawski@my.bcit.ca

Office hours : As posted at desk.

v Learning Resources

Required:

1. American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5th ed.). Washington, DC: Author.
2. Black, J.M. & Hawks, J.H. (2005). *Medical-surgical nursing: Clinical management for positive outcomes* (7th ed.). Philadelphia: Saunders.
3. Davis, B. & Logan, J. (2003). *Reading research. A user-friendly guide for nurses and other health professionals.* (3rd. ed). Ottawa, ON: Canadian Nurses Association.
4. Jarvis, C. (2004). *Physical examination and health assessment.* (4th ed.). Philadelphia: W.B. Saunders.
5. LeFever-Kee, J. (2005). *Handbook of Laboratory and Diagnostic Tests: with Nursing Implications.* (5th ed.). Scarborough, ON: Prentice Hall.
6. Ross-Kerr & Woods, A.L. (Eds.). (2006). *Canadian fundamentals of nursing.* (3rd ed.). Toronto, ON: Elsevier Mosby.
7. Spratto, G.R. & Woods, A.L. (2006). *PDR nurses's drug handbook.* New York: Thomson Delmar Learning.
8. Taber, C.W. (2001). *Taber's cyclopedic medical dictionary* (19th ed.). Philadelphia: F.A. Davis.

Recommended:

Gulanick, M., Myers, J.L., Klopp, A., Gradishar, D., Galanes, S., & Knoll Puzas, M. (2003). *Nursing care plans: Nursing diagnosis and interventions* (5th ed.). St. Louis, MO: Mosby..

v Course Format

Students will meet for three hours each week with a tutor to explore the situation and to identify learning needs. Students will do research independently then work to apply the knowledge to the situation when the group reconvenes. The group is required to function effectively so students will focus on both developing group process skills and learning content relevant to the situation. Students will complete two situations during the term. A simulated patient may be associated with the health situation.

v Information for Students

(Information below can be adapted and supplemented as necessary.)

Assignments: Late assignments, lab reports or projects will **not** be accepted for marking. Assignments must be done on an individual basis unless otherwise specified by the instructor.

Makeup Tests, Exams or Quizzes: There will be **no** makeup tests, exams or quizzes. If you miss a test, exam or quiz, you will receive zero marks. Exceptions may be made for **documented** medical reasons or extenuating circumstances. In such a case, it is the responsibility of the student to inform the instructor **immediately**.

Ethics: BCIT assumes that all students attending the Institute will follow a high standard of ethics. Incidents of cheating or plagiarism may, therefore, result in a grade of zero for the assignment, quiz, test, exam, or project for all parties involved and/or expulsion from the course.

Attendance: The attendance policy as outlined in the current BCIT Calendar will be enforced. Attendance will be taken at the beginning of each session. Students not present at that time will be recorded as absent.

Illness: A doctor's note is required for any illness causing you to miss assignments, quizzes, tests, projects, or exam. At the discretion of the instructor, you may complete the work missed or have the work prorated.

Attempts: Students must successfully complete a course within a maximum of three attempts at the course. Students with two attempts in a single course will be allowed to repeat the course only upon special written permission from the Associate Dean. Students who have not successfully completed a course within three attempts will not be eligible to graduate from the appropriate program.

Course Outline Changes: The material or schedule specified in this course outline may be changed by the instructor. If changes are required, they will be announced in class.

Note:

1. Students are encouraged to identify individual learning needs that may be met in this course. Please talk with the tutor to see how this might be accomplished.
2. During the first class, the evaluation methods will be discussed.
3. Students will participate in a verbal review of the course at midterm and a written review at the end of the term. This review will include a discussion of teaching methods, resources and course structure. The midterm review is aimed at meeting the needs of the students currently taking the course. The end of term review is aimed at modifying the course for subsequent students.
4. Unforeseeable circumstances may necessitate the alteration of course content, sequencing, timing or evaluation. As much as possible, students will be given adequate notice of such changes.

v Participation/Attendance

We believe that dialogue contributes to both thinking and learning. Therefore:

Attendance is **required** in this course. The different viewpoints and experiences shared during the session will expand the thinking of all participants. Also, students will be doing independent work to share with the group. This work is required for the group to accomplish its task and move on to other tasks. **Therefore, A penalty of 10% per day (Monday - Sunday) will be assessed if an assignment is handed in late., and they may be prohibited from completing the course (see BCIT Policy re: attendance).**

- **At BCIT, for each course credit 2 to 3 hours of homework is required. This is a 3.5 credit course and to be successful in this course at least 7 hours of homework per week is required.**

v Group Skills — 15% of Final Mark

The course outcomes describe the group skills that students will develop in the course. The Group Process Evaluation Tool describes specific behaviors and criteria against which students will be evaluated. This tool will be distributed during the first week of classes.

1. Weekly feedback of group skills will occur so that individuals can develop their skills. The student, their peers in the group and the tutor will assess each student's group skills based on the identified criteria in the evaluation tool and give feedback. It is recommended that you keep your own personal notes so you can complete the written feedback.
2. A midterm written and verbal assessment of each student's ability to function in the group will be done by all group members by Week 10.
3. A second and final written and verbal assessment of each student's ability to function in the group will be done by all group members by Week 15. Students will be expected to submit a written evaluation with marks assigned of their own and each of their peers' group skills. It is the tutor's responsibility to make the decision about a student's group skills mark. If there is a major discrepancy between the student's self-assessment and their peers' and the tutor's assessment, the student may meet with the tutor to discuss the discrepancy and the final assessment of group skills mark.
4. It is the tutor's responsibility to make the final decision about a student's group skills mark.
5. A passing grade in group skills is achieved by:
 - obtaining a minimum of 50% in group skills evaluation.
 - completion of the midterm and final group skills evaluation.
 - acting as chairperson for the group at least once.
 - presenting a research article to the group.
6. **All students must achieve a passing grade in group skills to pass the course.**

v Written Assignment – Group Problem-Solving Situation – 15% of Final Mark

1. The purpose of this assignment is to give students the opportunity to obtain feedback and marks for the group problem-solving process.
2. The group assignment is worth 15% of the course mark.
3. The assignment will be completed in class during Week 10 .
4. Each group will be given 1.5 hours to complete the group assignment.
5. One copy of the group's completed assignment will be submitted to the tutor at the end of the allotted time for marking.
6. Each person in the group will receive the same mark.

7. Students must be present for this assignment. If absent, a student must give a valid reason, notify a member of the group prior to the start of class and provide documentation for absenteeism.

v Assignment Details

1. Each group will be presented with a health situation. As a group, students will hypothesize a list of 10 possible patient problems/concerns relevant to the situation.
2. After hypothesizing a list of 10 different potential patient problems/concerns relevant to the situation students will identify **one concept** to which each potential problem/concern relates. There must be **five different course concepts** used within the ten concepts cited. **(10 marks)**
3. For each of the ten problems listed describe specific information or data that you would need to collect in order to validate each problem. The validation process includes assessment and related hypothesized evidence (potential findings). A minimum of four validations (assessment or hypothesized evidence) should be included for each problem. Validations must be distinct in nature. Only the first four validations listed will be marked. To receive full marks assessments & hypothesized evidence (potential findings) must relate to assessment provided. Marks will be deducted for non related evidence. **(40 marks)**

v Written Assignment – Research and Nursing Practice Paper – 20% of Final Mark

1. The purpose of the paper is to:
 - develop skill at using the library to find nursing research studies related to a given topic.
 - introduce students to reading academic research studies.
 - develop the ability to reason and reflect.
 - introduce students to applying nursing knowledge and research to their nursing practice.
 - develop professional writing skills.
 - become familiar with APA format.
2. The paper has a two (2) stage process. **It must be word processed.**

Stage 1 – Endorsement – (5 marks)

3. **1 copy** of the selected research study accompanied by an explanation illustrating how this study meets the criteria is to be submitted to the tutor for **endorsement by Monday at 0830 hrs of week 6 via e-mail**. Marks will be assigned for content, mechanics of writing and structure. The content of the paper refers to the thinking demonstrated by the student. Mechanics refers to academic tone, paragraph structure sentence structure, grammar, verb tense, spelling and punctuation. Structure refers to *APA format*.
4. **A second hard copy of both is to be submitted** at the beginning of class in **Week 6**.
5. **5 marks** will be allotted for word processing a title page (**1 mark**), 200 words which accurately explain how this study meets the criteria for endorsement as follows (**3 marks**) and a reference page (**1 mark**):
 - The study is published within the last **three (3)** years.

- An word process explanation is included of how the study relates to a concept or an issue that has arisen from one of the concepts or situations mentioned on page 2 of this course outline under part V. Course Content.
- The study is conducted by Registered Nurses (RN) or about RNs.
- The study is not a survey, chart audit, literature review and/or meta analyses.
- Zero (0) marks will be assigned if this submission does not meet the critiera for endorsement the first time. Zero (0) marks will be assigned if this submission does not reflect an *APA format*.

1. One copy of the study will be returned after endorsement. No change of the research study can occur after endorsement.

Stage 2 – Paper (15 marks)

1. **The research paper is to be submitted by Monday at 0830 hrs of week 13** via e-mail to the tutor. To be marked this paper **must use** the endorsed research study mentioned in #3. **You must submit a completed paper using an endorsed research study. Otherwise, you will receive zero and fail this course.**
2. **On page 6 of this course outline BCIT states:** Late assignments, lab reports or projects will **not** be accepted for marking. Assignments must be done on an individual basis unless otherwise specified by the instructor. **When lateness occurs, a 10% of the maximum achievable mark will be deducted for each day the paper is late.** *Example: 10% of 80= 8 marks will be deducted per day from the mark you achieve out of 80.*
3. Extensions maybe granted by the Course Leader if requested at least twenty-four (24) hours prior to the submission date and time. Documentation for the extension must be provided to the Course Leader **by the class day of week 13. If no documentation is provided a late penalty will start as of the Monday of week 13.**
4. **25% will be taken off the final paper percentage grade for plagiarism.**
5. Marks will be assigned for content, mechanics of writing and structure. The content of the paper refers to the thinking demonstrated by the student. Mechanics refers to academic tone, paragraph structure sentence structure, grammar, verb tense, spelling and punctuation. Structure refers to *APA format*.
6. You will present your research study and paper to your group during class in Week 12 or 13. The chosen research study will be the same one presented to their Nursing 1000 group as indicated on the group skills evaluation tool.

v Assignment Details

This paper is worth 15 % of your final mark Breakdown of marks for content, mechanics and structure will be as follows:

I. Content of the Paper (40 marks)

a. Introduction (5 marks)

- Present the main idea you will be discussing and how you will organize the content in your paper. Explain how your research study relates to NURS 1000 course content.

b. What is the significance of the article? (14 marks)

- **Briefly** describe the issue, methodology, and sample used in the study. Summarize the research findings. (8)
- Describe who the findings would be significant to and why. Consider the broad context. (6)

a. **Are the findings currently being used in practice?(16 marks).**

- Describe 4 pieces of evidence that you see in the clinical area to support that research **is being or not being used in health care professional practice**. You may consult unit staff and the unit clinical educator but excluding BCIT instructors, LPNs or aides. (8) **Remember to plan ahead and take enough time to interview these professionals.**
- Discuss the application of the research findings to your own nursing practice. Indicate if research findings are useful to you. Discuss how you could apply the findings to your current practice. (8)

a. **Conclusion (5 marks)**

- Briefly summarize your work including an explanation how the research will impact your future nursing practice.

II. Mechanics of the Paper (14 marks)(0.5 mark will be deducted for each error)

- a. sentence structure (4)
- b. grammar and verb tense (4)
- c. spelling and punctuation (2)
- a. paragraphs (2)
- b. academic tone (2)

III. Structure of the Paper (20 marks)

APA (5th ed.) format (20 marks)(0.5 marks will be deducted for each error up to a maximum of 20 marks):

- Title page-includes having correct title, page header, etc.
- Margins, spacing and indentations
- Section titles / Headings
- Reference list
- Citation of references (in text, personal communication, quotes, secondary references, electronic references).

All of the APA criteria listed above can be found in the APA publication manual index. If you have difficulty understanding the manual when you look the criteria up, please see your tutor who will assist you.

3. **When writing your paper keep in mind the following guidelines.**

- This paper is worth 20% of your final mark (5 marks for the endorsement of the research study and 15% of the paper).
- Use the mark distribution to determine the weighting of the components
- Use your APA text as a resource.
- Allow sufficient time for interviewing the professionals (see page 9).
- Answer the questions in the same order as outlined.
- Use headings, usually Level One and Three.
- Use the language used in the instructions above.

- Remember this is a technical paper not an English paper (you may want to discuss this idea with your tutor).
- **The body of the paper should be 800 to 850 (excluding the title page, headings and reference page).** Additional words will not be read, subsequently marks will be lost .

v Examination Details

Problem Solving Exam – 25% of Final Mark.

This is a 3 hour, individual exam, held during the PBL class of Week 16.

1. The exam may be reviewed at the request of the students during Week 17.
2. **All students must achieve a 50% average between the problem-solving exam and the final exam in order to achieve credit for the course.**

Part A

Students will be presented with a health situation with the following instructions.

1. Hypothesize a list of 10 different potential patient problems relevant to the situation. Identify **one concept** to which each potential problem relates. There must be five different course concepts used within the ten concepts cited. The concept must relate well to the problem. **(10 marks)**
2. For each of the ten problems listed describe specific information or data that you would need to collect in order to validate each problem. The validation process includes assessment and related hypothesized evidence (potential findings). A minimum of four validations (assessment and hypothesized evidence) should be included for each problem. Validations must be distinct in nature. Only the first four validations listed will be marked. To receive full marks assessments & hypothesized evidence (potential findings) must relate to assessment provided. Marks will be deducted for non related evidence. **(20 marks)**
3. Record your work on the carbonless paper provided.
4. Hand in the top sheet and retain the bottom sheet for your use.
5. Keep this page to use while completing Part B of the exam.
6. The first 10 problems will be marked in the order they appear on your paper. Therefore do not waste valuable time generating more than 10 problems.

Part B

After completing Part A students will be given a page of data with the following instructions:

1. Based on this additional information, identify 5 patient problems relevant to the data provided in Part B. For each problem on your list, clearly identify all the relevant evidence from the data sheet that supports the problem. You will receive 1 mark for each relevant problem and 1 mark for the related relevant data/evidence. It is acceptable to include problems from Part A in this list. **(total: 10 marks)**
2. Choose three problems from your list above. Identify four specific, individualized nursing interventions that would be appropriate for each problem. Of the four interventions you may include one referral and one requiring a doctor's order to implement. Include your rationale for each intervention (4 interventions x 3

problems = 12 interventions with rationales). You will receive 2 marks for each intervention and related rationale (**total: 24 marks**)

Final Exam – 25% of Final Mark

This one hour multiple choice exam will test course content during week 17.

Students must achieve a 50% average between the problem-solving exam and the final exam in order to achieve credit for the course.