



A POLYTECHNIC INSTITUTION

School of Health Sciences  
 Program: Bachelor of Technology in Nursing  
 Option:

**NURS 1000**  
**Applied Nursing Science 1**

<b>Start Date:</b> January 2005	<b>End Date:</b>
<b>Total Hours:</b> 51 <b>Total Weeks:</b> 17	<b>Term/Level:</b> 1 <b>Course Credits:</b> 3.5
<b>Hours/Week:</b> 3 <b>Lecture:</b> <b>Lab:</b>	<b>Shop:</b> <b>Seminar:</b> <b>Other:</b>

**Prerequisites**

**Course No.    Course Name**

**NURS 1000 is a Prerequisite for:**

**Course No.    Course Name**  
 NURS 2000    Applied Nursing Science 2  
 NURS 2030    Nursing Practicum 2

**v Course Description**

Students will explore selected common health experiences in order to understand the impact it has on the individual, family, society and health care system. While developing their understanding, students will access information from a variety of sources including professionals in hospitals and in the community. A thorough exploration of the health situation will assist students in developing a professional context from which they can plan nursing care. The health experiences discussed in this course are related to sexually-transmitted diseases including HIV infection and cerebrovascular accidents (stroke).

The teaching/learning strategy used in this course is problem-based learning.

**v Detailed Course Description**

NURS 1000 fosters students' ability to explore health situations from a professional perspective by working collaboratively in small groups.

**v Evaluation**

Group Skills	15%	<b>Comments:</b> <ul style="list-style-type: none"> <li>All assignments must be completed to achieve a passing grade.</li> <li>All students must achieve a 50% average between the problem-solving exam and the final exam in order to achieve credit for the course.</li> <li>Satisfactory ability to function effectively in the problem-based group is required for satisfactory course completion.</li> </ul>
Group Problem Solving Situation	15%	
A paper related to a research article	20%	
A written problem-solving exam that tests problem-solving ability and application of course content	25%	
A multiple choice and short answer final exam that tests course content	25%	
<b>TOTAL</b>	<b>100%</b>	

### v Course Learning Outcomes/Competencies

At the end of this course the student will be able to:

1. develop a theoretical knowledge base related to nursing and specifically nursing's role in relation to selected common health experiences.
2. develop ability to recognize own and others perspective related to the situation and concepts.
3. recognize contextual influences as relevant to the situation.
4. actively work in the group to develop a planned approach towards understanding the situation.
5. apply independent study material to the situation as planned and share information in the group that is clear, focused on the situation and defensible.
6. participate actively in the group so that the group functions productively.
7. develop ability to give feedback to other members of the group in a manner that facilitates the group goal.
8. establish relationships with group members that achieve the tasks of the group.
9. develop ability to monitor group process.
10. reflect on own growth in developing effective group skills.

### v Course Content

Students will work in learning partnerships to explore the following situations:

- Sexually Transmitted Diseases (STD) and HIV
- Cerebrovascular Accident

When exploring the above situations, students will consider the following concepts:

- Health
- Healing/Curing
- Illness
- Health Promotion
  - Illness & Injury Prevention
  - Determinants of Health
- Anxiety/Stress
- Coping
- Sexuality
- Nutrition
- Group Process
- Growth and Development
- Partnership
- Filiality
- Community Resources
- Spirituality (Spiritual Context)
- Physical context
- Care plan
- Diversity

In analyzing a situation the students may identify many other relevant content areas. These will be discussed within the context of the situation as time permits.

### v Process Threads Relevant to this Course

- **Professionalism** — Students begin to develop an understanding of the professional nurse's role. They develop an understanding of nursing care that is required for safe practice. They are accountable and responsible to follow through with work they have agreed to do and develop a knowledge base regarding common health problems that is useful in practice. Also, they recognize the various contexts in which people live. They analyze data and develop care plans to resolve patient issues or promote comfort. With assistance, students incorporate

health promotion, illness/injury prevention and rehabilitation into nursing care and begin to consider planning for discharge.

- **Communication** — Students experience working in groups. This includes establishing relationships with members, sharing ideas, clarifying thoughts, giving feedback and monitoring group functioning. Students dialogue with colleagues and teachers in the process of learning. Students develop clear thinking and communicate that thinking with the assistance of group members including the tutor. Students thoughtfully discuss verbally and in writing. They learn to be concise in their arguments and use relevant research literature to support their views. They critically read and compose essays, critical analyses and summaries. They use APA style.
- **Systematic Inquiry** — Students begin to reason critically about assessment data, patient concerns and care. They are expected to investigate alternate approaches to patient care. They begin to appreciate multiple perspectives that can be taken about patient issues. They are encouraged to question research that students bring to discussions about health issues. They are expected to use word processing and access databases and internet sites for information.
- **Professional Growth** — Students take responsibility for their learning and for preparing information for problem-based sessions. They may discuss individual learning styles and take that into consideration when preparing material. Also, they are responsible and accountable for their actions. They access a variety of health professionals in hospitals and community to more fully understand health issues. They begin to reflect on their values, beliefs and assumptions about growth and development, ethnicity, health promotion, health/illness, and nursing concepts. They begin to value discussions of own performance and begin to self-evaluate and act on learning needs.
- **Creative Leadership** — Students describe the continuum of care as it relates to health situations. They are assertive with colleagues as they work with health issues. They develop skills of group problem solving and consensus decision making as well as other group process skills. Students discuss technical skills relevant to the health issues and the rationale for why they are performed.

The process of working in groups and bringing information to bear on a health situation for the purpose of understanding the situation more clearly promotes the development of a professional nurse. The purpose of understanding the situation may lead to developing a plan for approaching a simulated patient to try out some aspect of the professional role in nursing.

v Verification

I verify that the content of this course outline is current.

*Jouliane Zabawski*  
Authoring Instructor

*Dec. 17/2004*  
Date

I verify that this course outline has been reviewed.

*Jain Verna*  
Program Head/Chief Instructor

*December 17, 2004*  
Date

I verify that this course outline complies with BCIT policy.

*Sheena*  
Dean/Associate Dean

*Dec. 17/04*  
Date

Note: Should changes be required to the content of this course outline, students will be given reasonable notice.

**v Instructor(s)**

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Selma Whiteside	604-451-6953	swhiteside@my.bcit.ca	Lynn Johnson	604-451-6951	ljohnson32@my.bcit.ca
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Office hours : As posted at desk.

**v Learning Resources**

*Required:*

1. Black, J.M. & Hawks, J.H. (2005). *Medical-surgical nursing: Clinical management for positive outcomes* (7th ed.). Philadelphia: Saunders.
2. Davis, B. & Logan, J. (2003). *Reading research. A user-friendly guide for nurses and other health professionals*. (3rd.). Ottawa, ON: Canadian Nurses Association.
3. Deglin, J.H., & Vallerand, A.H. (2003). *Davis's drug guide for nurses*. (9<sup>th</sup> ed.). Philadelphia: F.A. Davis Company.
4. Jarvis, C. (2004). *Physical examination and health assessment*. (4<sup>th</sup> ed.). Philadelphia: W.B. Saunders.
5. Taber, C.W. (2001). *Taber's cyclopedic medical dictionary* (19<sup>th</sup> ed.). Philadelphia: F.A. Davis.

*Recommended:*

1. American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5th ed.). Washington, DC: Author. **This text is highly recommended for purchase before the research paper and is in the reference section of the library.**
2. Gulanick, M., Myers, J.L., Klopp, A., Gradishar, D., Galanes, S., & Knoll Puzas, M. (2003). *Nursing care plans: Nursing diagnosis and interventions* (5<sup>th</sup> ed.). St. Louis, MO: Mosby.
3. LeFever-Kee, J. (2005). *Handbook of Laboratory and Diagnostic Tests: with Nursing Implications*. (5<sup>th</sup> ed.). Scarborough, ON: Prentice Hall.
4. Zilm, G. & Entwistle, C. (2002). *The SMART way: an introduction to writing for nurses*. Toronto, ON: Elsevier Science

**v Course Format**

Students will meet for three hours each week with a tutor to explore the situation and to identify learning needs. Students will do research independently then work to apply the knowledge to the situation when the group reconvenes. The group is required to function effectively so students will focus on both developing group process skills and learning content relevant to the situation. Students will complete two situations during the term. A simulated patient may be associated with the health situation.

## v Information for Students

(Information below can be adapted and supplemented as necessary.)

**Assignments:** Late assignments, lab reports or projects will **not** be accepted for marking. Assignments must be done on an individual basis unless otherwise specified by the instructor.

**Makeup Tests, Exams or Quizzes:** There will be **no** makeup tests, exams or quizzes. If you miss a test, exam or quiz, you will receive zero marks. Exceptions may be made for **documented** medical reasons or extenuating circumstances. In such a case, it is the responsibility of the student to inform the instructor **immediately**.

**Ethics:** BCIT assumes that all students attending the Institute will follow a high standard of ethics. Incidents of cheating or plagiarism may, therefore, result in a grade of zero for the assignment, quiz, test, exam, or project for all parties involved and/or expulsion from the course.

**Attendance:** The attendance policy as outlined in the current BCIT Calendar will be enforced. Attendance will be taken at the beginning of each session. Students not present at that time will be recorded as absent.

**Illness:** A doctor's note is required for any illness causing you to miss assignments, quizzes, tests, projects, or exam. At the discretion of the instructor, you may complete the work missed or have the work prorated.

**Attempts:** Students must successfully complete a course within a maximum of three attempts at the course. Students with two attempts in a single course will be allowed to repeat the course only upon special written permission from the Associate Dean. Students who have not successfully completed a course within three attempts will not be eligible to graduate from the appropriate program.

**Course Outline Changes:** The material or schedule specified in this course outline may be changed by the instructor. If changes are required, they will be announced in class.

### Note:

1. Students are encouraged to identify individual learning needs that may be met in this course. Please talk with the tutor to see how this might be accomplished.
2. During the first class, the evaluation methods will be discussed.
3. Students will participate in a verbal review of the course at midterm and a written review at the end of the term. This review will include a discussion of teaching methods, resources and course structure. The midterm review is aimed at meeting the needs of the students currently taking the course. The end of term review is aimed at modifying the course for subsequent students.
4. Unforeseeable circumstances may necessitate the alteration of course content, sequencing, timing or evaluation. As much as possible, students will be given adequate notice of such changes.

## v Participation/Attendance

We believe that dialogue contributes to both thinking and learning. Therefore:

- Attendance is **required** in this course. The different viewpoints and experiences shared during the session will expand the thinking of all participants. Also, students will be doing independent work to share with the group. This work is required for the group to accomplish its task and move on to other tasks. **Therefore, if students are absent for more than 10% of the planned activities without a medical reason, they may be prohibited from completing the course (see BCIT Policy re: attendance).**

**v Group Skills — 15% of Final Mark**

1. The course outcomes describe the group skills that students will develop in the course. The Group Process Evaluation Tool describes specific behaviors and criteria against which students will be evaluated. This tool will be distributed during the first week of classes. Weekly verbal discussions of group skills will occur so that individuals can develop their skills. The student, their peers in the group and the instructor will assess each student's group skills based on the identified criteria in the evaluation tool and give feedback. A midterm written and verbal assessment of each student's ability to function in the group will be done by all group members as scheduled.
2. A final written and verbal assessment of each student's ability to function in the group will be done by all group members in Week 17. Students will be expected to submit a written evaluation of their own and each of their peers' group skills. It is the instructor's responsibility to make the decision about a student's group skills mark. If there is a major discrepancy between the student's self-assessment and their peers' and the instructor's assessment, the student may meet with the tutor to discuss the discrepancy and the final assessment of group skills mark.
3. It is the instructor's responsibility to make the final decision about a student's group skills mark.
4. A passing grade in group skills is achieved by:
  - obtaining a minimum of 50% in group skills evaluation.
  - acting as chairperson for the group at least once.
  - presenting a research article to the group.
5. **All students must achieve a passing grade in group skills to pass the course.**

**v Written Assignment – Group Problem-Solving Situation – 15% of Final Mark**

1. The purpose of this assignment is to give students the opportunity to obtain feedback and marks for the group problem-solving process.
2. The group assignment is worth 15% of the course mark.
3. The assignment will be completed in class during Week 8.
4. Each group will be given 1.5 hours to complete the group assignment.
5. One copy of the group's completed assignment will be handed in to the tutor at the end of the allotted time for marking.
6. Each person in the group will receive the same mark.
7. Each person in the group will independently complete a written description of the group process that occurred during the group problem-solving situation. This is to be handed in to the tutor by 1130 hours of the same day.

**v Assignment Details**

1. Each group will be presented with a health situation. As a group, students will hypothesize a list of 10 possible patient problems/concerns relevant to the situation.

2. After hypothesizing a list of 10 different potential patient problems/concerns relevant to the situation students will identify the concept to which each potential problem/concern relates. **There must be five different course concepts** used within the ten concepts cited. **(10 marks)**
3. For each of the ten problems/concerns listed the group must describe specific information or data that they would need to collect in order to validate each problem. The validation process includes assessment and related hypothesized evidence. A minimum of four validations should be included for each problem. **(One mark for each assessment with hypothesized evidence for a total of 40 marks)**. Only the first four validations listed will be marked.
4. An in-class 1 to 2 page handwritten description of the group process during the group problem-solving situation will be completed by each student and handed in to the tutor by the end of class (1130 hours). The group process description should include what went well, what did not go well, how the group problem-solved, how the group resolved conflicts, and the level of participation in the group.
5. **Item #4 above must be completed to receive marks for the group problem-solving situation.**

**v Written Assignment – Research and Nursing Practice Paper – 20% of Final Mark**

1. The purpose of the paper is to:
  - develop skill at using the library to find nursing research studies related to a given topic.
  - introduce students to reading academic research studies.
  - develop the ability to reason and reflect.
  - introduce students to applying nursing knowledge and research to practice.
  - allow students to interact with Registered Nurses (RN) to determine if a selected research study is used in nursing practice.
  - develop writing skills.
  - become familiar with APA format.
2. The paper counts for 20% of the course mark. The entire paper is out of 80 marks. **It must be word processed.**
3. **2 copies** of the selected research study is to be submitted to the tutor for **approval** at the beginning of class in **Week 4**. Research studies will be approved if they meet the following criteria:
  - The study selected must have been published within the last **two (2)** years.
  - The study must relate to a concept or an issue that has arisen from one of the situations mentioned on page 2 of this course outline under V. Course Content.
  - Choose a single, original, relevant research study that makes sense to you and that you can apply to your current practice (survey, chart audits, literature reviews and meta analyses will not be accepted).
4. One copy of the study will be returned giving written approval to proceed. A paper will be marked if the research study has been approved.
5. **2 copies of the research paper** are to be **submitted in week 10** via e-mail, fax or hand delivered to a tutor. To be marked this paper **must use** the approved research study mentioned in #3. **You must submit a completed paper using an approved research study. Otherwise, you will receive zero and fail this course.**

6. **On page 6 of this course outline BCIT states:** Late assignments, lab reports or projects will **not** be accepted for marking. Assignments must be done on an individual basis unless otherwise specified by the instructor. When lateness occurs, a 10% of the maximum achievable mark will be deducted for each school day the paper is late.  
*Example: 10% of 80= 8 marks will be deducted from the mark you achieve out of 80.* Extensions are granted by the Course Leader. **25% will be taken off final paper percentage grade for plagiarism.**
7. Marks will be assigned for content, mechanics of writing and structure. The content of the paper refers to the thinking demonstrated by the student. Mechanics refers to sentence structure, grammar, verb tense, spelling and punctuation. Structure refers to tone and style of the paper, paragraph structure and APA format.
8. You will present your research study and paper to your group during class in Week 11 or 12. The chosen research study will be the same one presented to their Nursing 1000 group as indicated on the group skills evaluation tool.

#### v Assignment Details

The paper will consist of three parts as well as an introduction and a conclusion. Breakdown of marks for content, mechanics and structure will be as follows:

##### I. Content of the Paper (49 marks)

- a. **Introduction (5 marks)**
  - Present the main idea you will be discussing and how you will organize the content in your paper. Explain how your research study relates to NURS 1000 course content.
- b. **What is the significance of the article? (14 marks)**
  - **Briefly** describe the issue, methodology, and sample used in the study. Summarize the research findings. (8)
  - Describe who the findings would be significant to and why. Consider the broad context of health care. (6)
- c. **Are the findings currently being used in practice? (10 marks).**

Two practicing professional nurses should be contacted. Please note clinical instructors, LPN's, Nursing Assistant will **not** be accepted.

  - Indicate the names and positions of the persons contacted to find out if the research findings are currently being used in nursing practice. (1)
  - Describe why these RNs were contacted (in relation to the research) and if they are aware of the research findings.(3)
  - Describe how the research findings are being used and why or describe why the research findings are not being used. (3)
  - Describe evidence that you see in the clinical area to support that research **is or is not being used in practice.** (3)
- e. **How do/will you apply the research to your own nursing practice? (14 marks)**
  - Indicate if the research findings are useful to you. Discuss how and why the findings are useful to your current practice. (6)
  - Describe how you are using or intend to use the research findings. Consider theory, assessment, planning and implementation in your nursing practice. You will be given marks for a clear, logical argument. (8)

- f. **Conclusion. (6 marks)**
- Briefly summarize your work.

**II. Mechanics of the Paper (10 marks)**

- a. sentence structure (4)
- b. grammar and verb tense (4)
- c. spelling and punctuation (2)

**III. Structure of the Paper (21 marks)**

- A. Paragraphs form units of thought, include a topic sentence and details that support the topic sentence. There are smooth transitions between paragraphs. (1)
- B. APA (5th ed.) format (10 marks) is followed for:
- Title page-includes having correct title
  - Margins, spacing and indentations
  - Section titles / Headings
  - Reference list
  - Academic Tone

- C. APA format (10 marks) is followed for:

- Citation of references (in text, personal communication, quotes, secondary references, electronic references)

All of the APA criteria listed above can be found in the APA publication manual index. If you have difficulty understanding the manual when you look the criteria up, please see your tutor who will assist you.

3. When writing your paper keep in mind the following guidelines.
- Use your APA text as a resource.
  - Allow sufficient time for interviewing the professionals.
  - Answer the questions in the same order as outlined.
  - Use headings, usually Level One and Three.
  - Use the language used in the instructions above.
  - Remember this is a technical paper not an English paper (you may want to discuss this idea with your tutor).
  - **The body of the paper should be no longer than 5 pages (excludes the title page and reference page).** Additional pages will not be read.

**v Examination Details**

**Problem Solving Exam – 25% of Final Mark.**

This is a 3 hour, individual exam, held during the PBL session of Week 16.

1. The exams may be reviewed at the request of the students during Week 17.

2. All students must achieve a 50% average between the problem-solving exam and the final exam in order to achieve credit for the course.

### Part A

Students will be presented with a health situation with the following instructions.

1. Hypothesize a list of 10 different potential patient problems relevant to the situation. Identify the concept to which each potential problem relates. There must be five different course concepts used within the ten concepts cited. The concept must relate well to the problem. **(10 marks)**
2. For each of the ten problems listed describe specific information or data that you would need to collect in order to validate each problem. The validation process includes assessment and related hypothesized evidence. A minimum of four validations (assessment and hypothesized evidence) should be included for each problem. Validations must be distinct in nature. Only the first four validations listed will be marked. To receive full marks evidence must relate to assessment provided. Marks will be deducted for non related evidence. **(20 marks)**
3. Record your work on the carbonless paper provided.
4. Hand in the top sheet and retain the bottom sheet for your use.
5. Keep this page to use while completing Part B of the exam.
6. The first 10 problems will be marked in the order they appear on your paper. Therefore do not waste valuable time generating more than 10 problems.

### Part B

After completing Part A students will be given a page of data with the following instructions:

1. Based on this additional information, identify 5 patient problems relevant to the data provided in Part B. For each problem on your list, clearly identify all the relevant evidence from the data sheet that supports the problem. You will receive 1 mark for each relevant problem and 1 mark for the related relevant data/evidence. It is acceptable to include problems from Part A in this list. **(total: 10 marks)**
2. Choose three problems from your list above. Identify four specific, individualized nursing interventions that would be appropriate for each problem. Of the four interventions you may include one referral and one requiring a doctor's order to implement. Include your rationale for each intervention (4 interventions x 3 problems = 12 interventions with rationales). You will receive 2 marks for each intervention and related rationale **(total: 24 marks)**

### Multiple Choice and Short Answer Final Exam – 25% of Final Mark

This exam will test course content through the use of multiple choice and short answer questions. There will be approximately 40 multiple choice questions and approximately 12 marks worth of short answer questions.

Students must achieve a 50% average between the problem-solving exam and the final exam in order to achieve credit for the course.

