

OCT 23 1997

BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

COURSE OUTLINE

COURSE NAME Patient Care

COURSE NUMBER NURS 1183 (GNNU 183) | DATE Sept. 7 - Dec. 17, 1993

Prepared by Elaine Fraser | Taught to Second Year

School Health | School Health

Program Nursing | Program Prosthetics and Orthotics

Date Prepared June 1993 | Option _____

Term Fall Hrs/Wk 2 Credits 2

No. of Weeks 14 Total Hours 28

Instructor(s) Elaine Fraser Office SE12-418 Local 8468

Office Hours Posted at instructor's desk

PREREQUISITES

None

COURSE OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Make appropriate growth and development related assessments in the following situations:
 - a) providing for patient comfort
 - b) positioning, moving and transferring patients
 - c) dressing and undressing patients
 - d) applying a simple dressing
 - e) handling medical emergencies
 - f) working with patients experiencing pain, vertigo, syncope, or nausea and vomiting
2. Identify factors which promote comfort and rest.
3. Describe the relationship between interference with needs and health problems.

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4. With supervision, perform the following selected psychomotor skills in a manner which ensures safety and promotes comfort:
 - a) body mechanics
 - b) moving, positioning and transferring
 - c) medical and surgical asepsis
 - d) applying a simple dressing
 - e) handling wheelchairs and stretchers
 - f) dressing and undressing patients
 - g) isolation precautions
 - h) managing tubes, drains and attachments
 - i) hygiene and skin care of limbs and/or the prosthetic/orthotic device
 - j) entering the operating room
 5. Assess patients and identify the required interventions for the following emergency situations:
 - a) shock
 - b) hemorrhage
 - c) myocardial infarction
 - d) seizures
 - e) diabetic reactions
 6. Describe the physical needs of patients with disabilities.
 7. Describe the contributions technologists make as members of the health care team.
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EVALUATION

Final Examination	<u>50</u>	%
Midterm	<u>50</u>	%

REQUIRED TEXT(S) AND EQUIPMENT

Kozier, B., Erb, G., & Olivieri, R. (1991). Fundamentals of nursing: Concepts, process and practice (4th ed.). Redwood City: Addison-Wesley.

On reserve in the library and available on overnight loan from the library.

REFERENCE TEXTS AND RECOMMENDED EQUIPMENT

None

COURSE SUMMARY

This course consists of lectures, modules, demonstrations, group discussions, and laboratory practice. It is designed to enable the student to understand, describe, and implement specific patient care skills in order to care effectively for patients.

Assignments are designed to assist the student to integrate and practice patient care skills. The student must complete all assigned readings and modules prior to the designated class time. Students are expected to come to class prepared to practice the designated skill and to demonstrate their ability to perform the skill to the instructor.

COURSE OUTLINE
(continued)

Week	Material Covered
NOTE: If there is no module listed, refer to the package of objectives and readings for those classes.	
Sept. 13	<ol style="list-style-type: none"> 1. Introduction to Course <ul style="list-style-type: none"> - Use of modules, objectives and textbook 2. Orientation to Use of Lab <ul style="list-style-type: none"> - Hospital bed unit - Use of wheelchairs, stretchers - Restraints and bedrails - Student's responsibilities 3. Prevention of Accidents
Sept. 20	1. Assessment Skills
Sept. 27	<ol style="list-style-type: none"> 1. MODULE: The Concept of Health 2. Dressing and Undressing Patients 3. LAB: Dressing and Undressing Patients 4. Promoting Patient Comfort and Rest
T.B.A.	<ol style="list-style-type: none"> 1. The Health Care Team 2. MODULE: Pain and Abnormal Sensations
Oct. 4	<ol style="list-style-type: none"> 1. MODULE: Body Mechanics 2. Positioning and Moving Patients 3. Promoting Fire Safety and Accident Prevention 4. LAB: Positioning and Moving Patients 5. Practice Exam
Oct. 18	<ol style="list-style-type: none"> 1. MODULE: Transfers and Lifts 2. Care of Wheelchairs 3. LAB: Transfers and Lifts
Oct. 25	MIDTERM EXAM
Nov. 1	<ol style="list-style-type: none"> 1. Exam Review 2. MODULE: Medical Asepsis 3. MODULE: Isolation Precautions 4. MODULE: Surgical Asepsis 5. LAB: Handwashing
Nov. 8	<ol style="list-style-type: none"> 1. Applying a Simple Dressing 2. LAB: Practicing Isolation Precautions <ul style="list-style-type: none"> Open Gloving Opening Sterile Packages Apply a Simple Dressing

Week	Material Covered
Nov. 15	1. Hygiene Care of Limbs and Devices 2. MODULE: Preventing Pressure Sores 3. LAB: Demonstration of Equipment
Nov. 22	1. Entering the Operating Room 2. MODULE: The Patient with Physical Disabilities 3. MODULE: Medical Emergencies
Nov. 29	Visit to the Kinsmen Center
Dec. 6	1. MODULE: The Patient with Physical Disabilities (cont'd.) 2. MODULE: Management of Patients with Special Attachments 3. LAB: Demonstration of Equipment 4. Complete Progress Sheets 5. Course and Instructor Evaluations
Dec. 13	EXAM WEEK