

## COURSE OUTLINE

COURSE NAME Patient CareCOURSE NUMBER NURS 1183 | DATE Sept. 5 - Dec. 15, 1995Prepared by Elaine Fraser | Taught to Second YearSchool Health | School HealthProgram Nursing | Program Prosthetics and OrthoticsDate Prepared June 1995 | Option \_\_\_\_\_Term Fall Hrs/Wk 2 Credits 2No. of Weeks 15 Total Hours 30Instructor(s) Della Roberts Office SE12-418 Phone 432-8468E-mail: FFSEE454@BCIT.BA.CAOffice Hours Posted at instructor's desk**PREREQUISITES**

None

**COURSE OBJECTIVES**

Upon successful completion of this course, the student will be able to:

1. Make appropriate growth and development related assessments in the following situations:
  - a) providing for patient comfort
  - b) positioning, moving and transferring patients
  - c) dressing and undressing patients
  - e) handling medical emergencies
  - f) working with patients experiencing vertigo, syncope, or nausea and vomiting
2. Identify factors which promote comfort and rest.

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3. Describe the relationship between interference with needs and health problems.
  4. With supervision, perform the following selected psychomotor skills in a manner which ensures safety and promotes comfort:
    - a) body mechanics
    - b) moving, positioning and transferring
    - c) medical and surgical asepsis
    - d) applying a simple dressing
    - e) handling wheelchairs and stretchers
    - f) dressing and undressing patients
    - g) isolation precautions
    - h) managing tubes, drains and attachments
    - i) hygiene and skin care of limbs and/or the prosthetic/orthotic device
    - j) entering the operating room
  5. Assess patients and identify the required interventions for the following emergency situations:
    - a) shock
    - b) hemorrhage
    - c) myocardial infarction
    - d) seizures
    - e) diabetic reactions
  6. Describe the physical needs of patients with disabilities.
  7. Describe the contributions technologists make as members of the health care team.
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### EVALUATION

|                   |           |   |
|-------------------|-----------|---|
| Final Examination | <u>50</u> | % |
| Midterm           | <u>50</u> | % |

To successfully pass this course the student must:

1. achieve a mark of 50%.
2. successfully complete the Student Progress Sheet.
3. complete all assignments.

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### **REQUIRED TEXT(S) AND EQUIPMENT**

Kozier, B., Erb, G., & Olivieri, R. (1991). Fundamentals of nursing: Concepts, process and practice (4th ed.). Redwood City: Addison-Wesley.

On reserve in the library and available on overnight loan from the library.

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### **REFERENCE TEXTS AND RECOMMENDED EQUIPMENT**

None

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### **COURSE SUMMARY**

This course consists of lectures, modules, demonstrations, group discussions, and laboratory practice. It is designed to enable the student to understand, describe, and implement specific patient care skills in order to care effectively for patients in Prosthetic and/or Orthotic situations.

Assignments are designed to assist the student to integrate and practice patient care skills. The student must complete all assigned readings and modules prior to the designated class time and is expected to come to class prepared to discuss and participate. Students are expected to come to class prepared to practice the designated skill and to demonstrate their ability to perform the skill to the instructor.

**COURSE OUTLINE**  
(continued)

| Week   | Material Covered   |
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| <b>NOTE:</b> If there is no module listed, refer to the objectives and readings. |  |
| Sept. 11   | <ol style="list-style-type: none"> <li>1. Introduction to Course <ul style="list-style-type: none"> <li>- Use of modules, objectives and textbook</li> </ul> </li> <li>2. Orientation to Use of Lab <ul style="list-style-type: none"> <li>- Hospital bed unit</li> <li>- Use of wheelchairs, stretchers</li> <li>- Restraints and bedrails</li> <li>- Student's responsibilities in the lab</li> </ul> </li> <li>3. Prevention of Accidents in the lab</li> </ol> |
| Sept. 18   | <ol style="list-style-type: none"> <li>1. Assessment Skills</li> <li>2. Promoting Patient Comfort and Rest</li> </ol>  |
| Sept. 25   | <ol style="list-style-type: none"> <li>1. The Concept of Health</li> <li>2. Dressing and Undressing Patients</li> <li>3. LAB: Dressing and Undressing Patients</li> </ol>  |
| T.B.A.   | <ol style="list-style-type: none"> <li>1. Hygiene Care of Limbs and Devices</li> <li>2. MODULE: Abnormal Sensations</li> </ol>   |
| Oct. 2   | <ol style="list-style-type: none"> <li>1. Body Mechanics ✓</li> <li>2. Positioning and Moving Patients ✓</li> <li>3. LAB: Positioning and Moving Patients</li> </ol>   |
| Oct. 16  | <ol style="list-style-type: none"> <li>1. Transfers and Lifts ✓</li> <li>2. LAB: Positioning cont'd<br/>Transfers and Lifts</li> <li>3. Promoting Fire Safety and Accident Prevention ✓</li> </ol>   |
| Oct. 23  | <ol style="list-style-type: none"> <li>1. Health Care Team ✓</li> <li>2. MODULE: Working with Patients who have Pressure Sores.</li> <li>3. Practice Exam</li> </ol>   |
| Oct. 30  | <b>MIDTERM EXAM</b>  |
| Nov. 6   | <ol style="list-style-type: none"> <li>1. Exam Review</li> <li>2. MODULE: Medical Asepsis</li> <li>3. LAB: Handwashing</li> </ol>  |

| Week    | Material Covered   |
|---------|--|
| Nov. 20 | <ol style="list-style-type: none"> <li>1. Isolation Protocols</li> <li>2. Surgical Asepsis</li> <li>3. Applying a Simple Dressing</li> <li>4. LAB:           Practicing Isolation Protocols<br/>                  Open Gloving<br/>                  Opening Sterile Packages<br/>                  Apply a Simple Dressing</li> </ol> |
| Nov. 27 | <ol style="list-style-type: none"> <li>1. Entering the Operating Room</li> <li>2. MODULE:   Medical Emergencies</li> </ol>   |
| Dec. 4  | <ol style="list-style-type: none"> <li>1. MODULE:   The Patient with Physical Disabilities ➔</li> <li>2. MODULE:   Management of Patients with Tubes and Special Attachments ✓</li> <li>3. LAB:       Demonstration of Equipment</li> <li>4. Complete Progress Sheets</li> <li>5. Course and Instructor Evaluations</li> </ol>         |
| Dec. 11 | <b>EXAM WEEK</b>   |