



JAN 29 1999

BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

School of Health Sciences

Program: Nursing

Course Outline **Part A**

**NURS 1000**

**Nursing and Health Issues 1**

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<b>Hours/Week:</b>	3	<b>Total Hours:</b>	102	<b>Term/Level:</b>	1
<b>Other:</b>		<b>Total Weeks:</b>	17	<b>Credits:</b>	
					3.5

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### Prerequisites

Course No.	Course Name
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None	
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### NURS 1000 is a Prerequisite for:

Course No.	Course Name
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NURS 2000	Nursing and Health Issues 2
NURS 2030	Nursing Practicum 2

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### Course Goals

NURS 1000 fosters students' ability to explore health situations from a professional perspective by working collaboratively in small groups.

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### Course Description

Students will explore selected common health experiences in order to understand the impact it has on the individual, family, society and health care system. While developing their understanding, students will access information from a variety of sources including professionals in hospitals and in the community. A thorough exploration of the health situation will assist students in developing a professional context from which they can plan nursing care. The health experiences discussed in this course are related to sexually-transmitted diseases including HIV infection and cerebrovascular accidents (stroke).

The teaching/learning strategy used in this course is problem-based learning.

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### Course Format

Students will meet for three hours each week with a tutor to explore the situation and to identify learning needs. Students will do research independently then work to apply the knowledge to the situation when the group reconvenes. The group is required to function effectively so students will focus on both developing group process skills and learning content relevant to the situation. Students will complete two situations during the term. A simulated patient may be associated with the health situation.

## Evaluation

- Group skills – **Satisfactory ability to function effectively in the problem-based group is required for satisfactory course completion.**
  - A written assignment related to a research article — 20% of mark.
  - A written midterm test of problem solving ability — 30% of mark.
  - A written final exam that tests course content, problem-solving ability and application of course content – 50% of mark.
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## Course Outcomes

The student will:

1. Develop a theoretical knowledge base related to nursing and specifically nursing's role in relation to selected common health experiences.
  2. Develop ability to accept a variety of perspectives related to the situation.
  3. Recognize contextual influences as relevant to the situation.
  4. Actively work in the group to develop a planned approach towards understanding the situation.
  5. Apply independent study material to the situation as planned and share information in the group that is clear, focused on the situation and defensible.
  6. Participate actively in the group so that the group functions productively.
  7. Develop ability to give feedback to other members of the group in a manner that facilitates the group goal.
  8. Establish relationships with group members that achieve the tasks of the group.
  9. Develop ability to monitor group process.
  10. Reflect on own growth in developing effective group skills.
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## Course Content

Students will work in learning partnerships to explore the following situations:

- Sexually Transmitted Diseases (STD) and HIV
- Cerebrovascular Accident

When exploring the above situations, students will consider the following concepts:

- Health
- Healing/Curing
- Illness
- Anxiety/Stress
- Coping
- Sexuality
- Nutrition
- Determinants of Health
- Group Process
- Growth and Development
- Culture
- Community Resources
- Spirituality (Spiritual Context)
- Physical context

In analyzing a situation the students may identify many other relevant content areas. These will be discussed within the context of the situation as time permits.

## Examination Details

**MIDTERM PROBLEM-SOLVING EXAM** – This is an individual exam, about 2 hours long, held during the PBL session of week 8.

1. Students will be presented with a health situation.
  - In Part A, they will develop a list of the 10 probable issues/concerns/problems relevant to the situation. The issues/concerns/problems must relate to a minimum of 5 course concepts. For each issue identified students must describe specific information or data that they would need to collect to validate each issue. This part of the exam will count for 20 marks. Next students will choose a concept and generate a potential issue related to the concept. Students will then develop 4 possible nursing interventions to address the issue. This part of the exam will count for 5 marks. Then they will hand in this part of the exam to the tutor. The student will record on carbonless paper so that they may keep a copy of this part of the exam for the next part. Total marks for Part A are 20.
  - In Part B, they will be given additional patient data for the situation. They will list 5 issues/problems/concerns present in the data provided. For each issue the student will describe the evidence from the patient data that supports its inclusion. They will receive 1 mark for each relevant issue and 1 mark for the relevant data/evidence. In total this part of the exam will count for 10 marks.

**PROBLEM SOLVING EXAM** – This is an individual exam, about 3 hours long, held during the PBL session of week 16.

1. The exams will be marked by the tutor then reviewed in the problem-based group during week 17.
2. All students must write and pass this exam to achieve credit for the course.

### Part A

Students will be presented with a health situation.

- In Part A, they will develop a list of 5 probable issues/concerns/problems relevant to the situation. For each issue identified students must describe specific information or data they would need to collect to validate each issue. Then they will hand in this part of the exam to the tutor. The student will record on carbonless paper so that they may keep a copy of this part of the exam for the next part. Students will receive 1 mark for each issue and validation. This part of the exam will count for 5 marks.

### Part B

#### Question #1

- Students will be given additional patient data for the situation. They will list 5 issues/problems/concerns present in the data provided. For each issue the student will describe the evidence from the patient data that supports its inclusion. They will receive 1 mark for each relevant issue and 1 mark for the relevant data/evidence. In total this part of the exam will count for 10 marks.

## Question #2

- Students will choose one issue and list 5 related nursing interventions for each issue with rationale that would be appropriate for the health situation. They will receive 2 marks for each intervention and related rationale. Therefore students will receive 0 or 2 marks for each intervention. In total this part of the exam will count for 10 marks.

## Part C

The remainder of the exam will test course content through the use of multiple choice and short answer questions. There will be approximately 60 multiple choice questions and approximately 10 marks worth of short answer questions.